

UCF and Surrounding Counties Resource Guide

University of Central Florida

Contents

Brevard County	2
Health and Medical	3
Housing and Shelter	5
Mental Health	6
Lake County	10
Health and Medical	11
Housing and Shelter	13
Mental Health	14
Marion County	17
Health and Medical	18
Housing and Shelter	19
Mental Health	20
Orange County	22
Health and Medical	23
Housing and Shelter	27
Mental Health	30
Osceola County	36
Health and Medical	37
Housing and Shelter	39
Mental Health	40
Seminole County	44
Health and Medical	45
Housing and Shelter	49
Mental Health	51
Volusia County	61
Health and Medical	62
Housing and Shelter	63
Mental Health	63
University of Central Florida	64
Health and Medical	65
Housing and Shelter	65
Mental Health	65

STUDENT CARE SERVICES | UNIVERSITY OF CENTRAL FLORIDA

Brevard County

Resource Guide

University of Central Florida

Health and Medical

Brevard Health Alliance

Palm Bay Clinic:

321-639-5177

5270 Babcock Street, NE, Suite 1 Palm Bay Fl 32905

Melbourne Clinic:

321-733-2021

17 Silver Palm Ave. Melbourne, FL 32901

Barton Commons Clinic:

321- 639-5177

220 Barton Blvd. Rockledge, FL 32955

Malabar Clinic:

321- 722-8435

775 Malabar Rd. Malabar, FL 32950

Sarno Clinic:

321- 241-6800

2120 Sarno Rd. Melbourne, FL 32935

Titusville Clinic:

321-268-0267

500 N. Washington Ave. Titusville, FL 32976

http://www.health-first.org/hospitals_services/brevard_health_alliance.cfm

Services: Primary care service, limited dental services, diagnostic services, case management services, medication assistance, and specialty referrals. If you do not have insurance you will need to bring in financial documents (social security, 2 months of bank statements, tax returns from the following year, or 8 weeks of pay stubs)

Sliding Scale, accepts Medicaid

Consumer Dental

321-328-9913

811 S Babcock St Melbourne, FL 32901

<http://consumersdentalcarecenter.com/>

Services: Dental services for individuals 10-20

Accepts Medicaid

Parrish Medical Center

321-268-6111

951 N. Washington Ave. Titusville, FL 32796

<http://www.parrishmed.com/services/default.aspx>

Services: Cardiovascular care, orthopedic care, women's care, cancer care, gastrointestinal care, chronic condition management, early detection tests, preventative medicine procedures,

Sliding scale and Medicaid accepted, you must fill out a community care application in advanced and be approved for discounted services

Community Care application:

<http://www.parrishmed.com/Resources/9562/FileRepository/Patient%20Guide/PMC%20Community%20Care%20Application.pdf>

List of supporting documents:

<http://www.parrishmed.com/Resources/9562/FileRepository/Patient%20Guide/Finance%20Application%20Cover.pdf>

Eastern Florida State College Community Dental Clinic

321-433-7570

Cocoa Campus, Building 20 (Health Sciences), Room 111B

<http://www.easternflorida.edu/academics/health-sciences-institute/our-programs/dental-hygiene-associate-degree/clinic-outreach.cfm>

Services: Provides dental cleaning, x-rays, pits and fissure sealants, and fluoride treatments performed by dental students with the supervision of accredited dentists.

must make appointment, very low costs \$20 per cleaning and service

Florida Department of Health

Viera Clinic

321- 639-5800

2555 Judge Fran Jamieson Way, Viera, FL 32940

Melbourne Clinic

321-726-2920

2275 S. Babcock Street Melbourne, FL 32901

Titusville Clinic

321-383-2795

611 Singleton Avenue Titusville, FL 32796

http://www.floridahealth.gov/chdbrevard/pers_hlth/pers_hlth.htm

Services: Provides basic health services, maternity services, child health, family planning, assistance with WIC, immunizations

PATH program does not accept Medicaid (Viera Clinic), other offices do

Space Coast Volunteers in Medicine Clinic

321-639-5813

2555 Judge Fran Jamieson Way Viera, Florida 32940

http://www.spacecoastvolunteersinmedicine.org/index.php?option=com_content&view=article&id=34&Itemid=21

Services: Non-emergency, volunteer staffed, primary care medical/dental/chiropractic/wellness clinic with a focus on diabetes, heart disease, high blood pressure, high cholesterol, weight control/nutrition, and women gyn conditions also accept arthritis, asthma, depression, lung disorders, skin disorders, stomach and thyroid problems.

FREE, appointment only, you must not have any form of insurance!

Housing and Shelter

Children's Home Society of Florida

321-752-3170

326 Croton Road Melbourne, FL 32935

Services: Transitional housing for females ages 18-23

C.I.T.A. Rescue Mission

321-725-5160

2330 Johnny Ellison Drive Melbourne, FL 32901

<http://www.citarescuemission.com/programs/>

Services: Provides emergency shelter for homeless men through two programs. The Achievers program is a 12 week program where will apply for jobs within the community or work at their current place of employment. The Overcomers program is a 12 week program for individuals overcoming an issue which prevents them from working in the community. They will work on the grounds and help support the mission while residing at the shelter. If an extension in time is required it can be given by the dormitory manager. Both of our programs provide: meals, beds, chapel services, laundry services, ect. *There is often a waiting list so individuals interested in seeking refuge should arrive before check in between 3:00 – 4:00p*

Mental Health

Circles of Care

North Area Outpatient

321-269-4590

6700 South Washington Ave., Titusville, FL 32780

South Area Outpatient

321-952-6000

2020 Commerce Dr. Melbourne, FL 32904

Central Area Outpatient

321-634-6264

1770 Cedar St Rockledge, FL 32955

<http://www.circlesofcare.org/current1/home-page.html>

Services: Outpatient counseling, psychiatric services, detox services.

Medicaid accepted, sliding scale offered. Sliding scale patients are usually placed on a waiting list

CHANGES Youth and Family Services, Inc.

321-610-7949

3270 Suntree Blvd. Suite 101, Melbourne, FL 32940

<http://changesyfs.org/>

Services: Individual and Family Counseling, Grief and Relationship Counseling, Specialized Groups, Parenting Skills Training, Career and Job Training, Substance Abuse Education, Behavioral Treatment for Children and Adolescents, Mental Health Assessments, Seminars, Consulting, Psychiatric Services, Community Outreach and Mentoring Program.

Services only provided to Medicaid clients

The Children's Home Society of Florida

321-752-3170 ext. 252

326 Croton Road Melbourne, FL 32935

<http://www.chsfl.org/Brevard>

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. Bill Medicaid providers for most of our services, and a

limited amount of services are available on a sliding fee scale *Medicaid accepted and a limited amount of services are available on a sliding fee scale

Community Psychological Services Florida Tech

321-674-8106

150 W. University Blvd Melbourne, FL 32901-6988

Services: Provides free counseling services to community members. All counselors are FIT students.

Devereux Youth & Family Counseling Services

321-634-6047

http://www.devereux.org/site/PageServer?pagename=fl_locations

Services: Case Management, family and individual counseling.

Sliding scale fee and financial assistance available

Domestic Violence Counseling (Salvation Army)

321-631-2764 (24 Hour Hotline)

PO Box 1540 Cocoa, FL 32923-1540

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

Impower

321-639-1224

1037 Pathfinder Way, Suite 130 Rockledge, FL 32955

www.isifl.org

Services: Provides outpatient services that include counseling and case management for adults and children.

Medicaid and medicare accepted, sliding scale rates

HSA –Human Services Associates

407-422-0880

1801 Lee Road, Suite 170, Winter Park, FL 32789

www.hsainc.org

Services: Comprehensive case management using the Family Team Conferencing Model to serve families with identified primary need of sustained self-sufficiency and substance abuse problems.

Family Counseling Center- Outpatient Counseling

321-632-5792

840 Brevard Ave Rockledge, Fl 32955

Services: General counseling, substance abuse, domestic abuse, anger management.

Accepts medicaid and sliding scale fee

Kinder Konsulting & Parents Too

407-657-6692

2479 Aloma Avenue Unit D Winter Park, FL 32792

To make a referral: www.kinderkonsulting.com

Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.

Medicaid and sliding scale payments accepted

LifeKeeper's Network

407-344-0312

1072 Plaza Drive, Kissimmee, FL 34743

<http://www.likenet.org/>

Services: Individual, group, couples, and family therapy, blended and targeted case management.

All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties.

Medicaid accepted

UCF Psychology Clinic

407-823-4348

<http://psychology.cos.ucf.edu/psychclinic/>

Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm

Location: Psychology Building on Main Campus

Services Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment,

Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems

* Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*

Yellow Umbrella

321-723-2927

Services: Programs designed to assist with Anger Management, Family Counseling, Self Esteem, Emotional Intelligence. *Financial assistance for those who qualify*

Christian Mental Health Services

Episcopal Counseling Center – Melbourne

321-952-5482

50 W Strawbridge Ave Holy Trinity Church Melbourne, Fl 32901

Episcopal Counseling Center – Titusville

800-544-1817

414 Pine Street Titusville, Fl 32797

http://eccflorida.org/Home_Page.html

407-493-6022

Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*

STUDENT CARE SERVICES | UNIVERSITY OF CENTRAL FLORIDA

Lake County

Resource Guide

Health and Medical

Community Health Centers

352-360-0490

Leesburg

225 N First St Leesburg, FL 34748

Groveland

352-435-6699

1296 W Broad St. Groveland, FL. 34736

<http://www.chcfl.org/>

Services: Family, pediatric, and women's care. * Medicaid, Medicaid Managed Care Plans and Medicare. A Sliding Discount Program is available for those meeting income guidelines.*

Community Medical Care Center

352-787-8489

1210 W Main St Leesburg, FL 34748

<http://www.cfhalliance.org/services-community-center.html>

Services: Medical and dental services for the family. The Community Medical Care Center is a not-for-profit medical clinic that offers primary care for uninsured adults and children (ages three and up) with incomes below the federal poverty level.

*Services free for individuals without insurance or Medicaid"

Community Primary Health Clinic

352-589-2501

2300 Kurt Street Eustis, FL 32726

<https://www.floridahospital.com/waterman/experience/community-primary-health-clinic>

Services: The Florida Hospital Waterman Community Primary Health Clinic is a free clinic providing adult primary care for the eligible uninsured residents of North Lake County. The Clinic provides non-emergent health care to address the physical, emotional, and spiritual needs of our patients. *Free for uninsured patients*

Deaf and Hearing Center**352-323-0757**220 South 9th Street Leesburg, FL 34748<http://www.deafandhearing.org/>

Services: A hearing aid assistance program in which financially needy clients are fitted with refurbished hearing aid devices at little or no cost.

Department of Health**Children's Medical Services****352-369-2100**

3200 E.Silver Springs Blvd Suite 201 Ocala, FL 34470

www.cms-kids.com

Services: CMS assists families with children from birth to 21 years of age with special health care needs. CMS has specialty programs, pediatric primary care physicians, pediatric sub specialists and therapists to assist in the overall care of our patients. Database for families that qualify for assistance through Medicaid.

FamilyWizehttp://www.hfuw.org/index.php?pr=Discount_Drug_Program

Services: Offers discounts on prescription drugs for the family.

No fee to sign up

Lake Children's Dentistry*Clermont Health Center*

352-989-9001

875 Oakley Seaver Dr. Clermont, FL 34711

Fruitland Park

352-360-6602

3261 US Hwy 441/27 Suite F-1 Fruitland Park, FL 34731

http://www.lakechd.com/index.php?option=com_k2&view=item&layout=item&id=15&Itemid=106

Services: Exams, x-rays, cleaning, fluoride, fillings, extractions, sealants, pulp treatments, stainless steel crowns for children and infants 6-20 months. Adult Emergency. *Charge is by sliding scale*

Life's Choices of Lake County, INC.

352-357-2202

201 East Floral Ave. Eustis, Florida 32726

<http://www.friendsofliveschoices.com/index.html>

Services: Free ultrasounds, pregnancy tests, STD tests

We Care of Lake County

352-742-0021

401 E Alfred St. Taveres, FL 32778

<http://www.wecarelakecounty.org/>

Services: Provides specialty medical care to adults (working or unemployed) between the ages of 18 and 64, who have a Medicaid Denial Letter dated 6 months or less, who are residents of Lake County, Florida, and meet the program's financial eligibility qualifications. Applicants must have no medical insurance, Medicare, Medicaid, Medically Needy Share of Cost

Housing and Shelter

Christian Care Center

115 N. 13th St. Leesburg, FL 34748

The Samaritan Inn

352-434-1832

<http://www.christiancarecenter.org/ministries/samaritan-inn/>

Services: 17 units available for families who pay absolutely nothing for their stay as they rebuild their lives.

Women's Residence

352-787-8929

<http://www.christiancarecenter.org/ministries/womens-care-center/>

Services: The Women's Residence can accommodate up to 16 ladies at a time, yearlong transitional period that provides women with counseling, bible study, and employment assistance while on the road to recovery from substance or emotional issues.

Men's Residences

352-787-9904

<http://www.christiancarecenter.org/ministries/mens-residence/>

Services: Beds for up to 36 men who need help with drug and alcohol addiction, emotional issues and other life skills. The program is five months long and combines intensive Bible study and life skills classes with one-on-one counseling and mentorship from dozens of volunteers.

Arnette House

Emergency Youth Shelter

352-622-6135

2310 NE 24th Street Ocala, FL 34470

Services: 24 hour Emergency Youth Shelter for children ages 10-17 who are runaways, lockouts, homeless, truant or experiencing parent/child conflict

Mental Health

Arnette House

Family Counseling & Administration

352-622-4432

2310 NE 24th Street Ocala, FL 34470

Services: Provides counseling services to assist families in opening lines of communication, Teach families effective conflict resolution skills, Reduce high risk antisocial behaviors, Link families with needed community resources, Teach effective parenting skills

Central Florida Counseling & Psychological Services, Inc.

352-365-6506

1514 W. Main St., Leesburg, FL 34748

www.counseling-health.com

Services: Licensed therapists providing counseling and licensed psychologists who provide psychological evaluations in both Spanish and English for children and adults who have experienced sexual/physical abuse, trauma and other varying emotional and behavioral issues.

Sliding scale

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

LifeStream Behavioral Center

866-355-9394

Eustis

201 Magnolia Ave. Eustis, FL 32726

1217 Huffstetler Rd Eustis, FL 32726

Leesburg

2020 Tally Rd Leesburg, FL 34748

1017 W. Dixie Ave. Leesburg, FL 34748

2018 Tally Rd. Leesburg, FL 34748

215 N. Third St. Leesburg, FL 34748

404 Webster St. Leesburg, FL 34748

<http://www.lsbcc.net/Aboutus.aspx>

Services: Medication Management, Group therapy, Case management and IP Hospitalization

Sliding Fee Scale

PFLAG

407-236-9177

www.pflagorlando.org

Services: Support groups for the LGBT+ community and their families

Center for Drug-Free Living (CFDFL)

321-246-1284

4400 Highway 19A Mt. Dora, Florida 32757

www.CDFDL.com

Services: Ninety day program providing individual and group counseling, 12 Step, and AA/NA meetings. Employment and educational help is available. Spanish Speaking services are also available.

CENTAUR:

Medicaid, Private pay, low rates for homeless population, and Sliding Scale

The Children's Home Society of Florida

Ocala

352-732-1412

226 Sanchez Ave. Ocala, FL 34470

www.chsfl.org

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling tri-county office at 407-896-2323

Medicaid accepted and a limited amount of services are available on a sliding fee scale

Florida Assertive Community Treatment (FACT)

352-360-6640

1017 W. Dixie Ave. Leesburg, FL.

http://www.lsbcc.net/service_Outpatient.aspx

Services: This program is a psychiatrist-led multi-disciplinary team that wraps support around the individual rather than linking them to resources as in the traditional case management model. The team provides all necessary services, including support, treatment and rehabilitation, 24 hours a day, 7 days a week. FACT serves persons who have had difficulty benefiting from other more traditional forms of treatment. Those individuals with severe and persistent mental illness can learn symptom management techniques to prevent recurrent episodes, which lead to hospitalization and disruption of lives. Ongoing education can be provided in homes and community settings, where learning is direct and where generalization from one setting to another is no longer necessary. *Free of charge*

UCF Marriage & Family Research Institute

407-823-1748

28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262

South Orlando:

7200 Lake Ellenor Dr, Orlando, FL 32809

www.mfri.ucf.edu

Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.

* Free counseling for couples and families.*

UCF Psychology Clinic

407-823-4348

<http://psychology.cos.ucf.edu/psychclinic/>

Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm

Location: Psychology Building on Main Campus

Services Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment, Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems

* Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*

STUDENT CARE SERVICES | UNIVERSITY OF CENTRAL FLORIDA

Marion County

Resource Guide

University of Central Florida

Health and Medical

Florida Health Marion County

352-629-0137

<http://marion.floridahealth.gov/locations/index.html>

Ocala Facility

1801 SE 32nd Ave. Ocala, FL 34471

Services: Family planning, healthy start, HIV/Aids services, immunization, maternity, medical records, STD tests, WIC assistance, Adult Care

Dental Clinic

352-622-2664

College of Central Florida Hampton Center

1501 W. Silver Springs Blvd. Ocala, FL 34475

Services: Dental

Medicaid Accepted and sliding scale

Heart of Florida Health Centers

352-732-6599

<http://www.myfhc.org/>

Services: Adult primary care, family planning, pediatric primary care, pediatric dental, acute/urgent care, behavioral health services, school and sports physicals, lab work and assistance with medications utilizing programs offered through pharmaceutical companies. Offered through referral: radiology, mammography, testing and specialty care. *Medicaid accepted and sliding scale*

Central

1025 Southwest 1st Avenue Ocala, FL 34471

Hours: Monday, Tuesday, Wednesday, Friday 7:30 am - 5 pm Saturday 8:00 am - 12:00 pm

East

1801 SE 32nd Avenue Ocala, FL 34471

Hours: Monday - Friday 8:00 am – 5:00 pm

West

6401 SW 54th St Suite 100 Ocala, FL 34474

The Centers

5664 SW 60th Avenue Ocala, FL 34474

Hours: Monday, Wednesday, Friday 8am - 4:30 pm

Bellevue

7055 SE 110th Street Rd Bellevue, FL 34420

Hours: Monday and Friday 8:00am-5:00pm

Southwest

100 Marion Oaks Blvd Ocala, FL 34473

Hours: Monday - Friday 8 am - 5 pm

Reddick

4500 NW 152nd Avenue Reddick, FL 32686

Hours: Monday, Wednesday, Friday: 8:00am-5:00pm

Langley Health Services

352-680-0324

7205 SE Maricamp Rd Ocala, FL 34472

<http://www.langleymedical.com/ocala.php>

Services: adult and family medicine, family planning, pediatrics, behavioral health counseling and psychiatry, adult and pediatric dental services, diagnostic imaging services, and podiatry. *Sliding scale and Medicaid accepted*

Housing and Shelter

Interfaith Emergency Shelter

352-209-6052

435 NW 2nd St Ocala, FL

<http://iesmarion.org/shelter>

Services: Provides for single women, women with children and families that are homeless.

Free of charge

Salvation Army

352-732-8326

320 NW 1st Ave Ocala, FL 34475-8800

http://www.uss.salvationarmy.org/uss/www_uss_ocala.nsf/vw-dynamic-index/FC6B5FA67164C44C802572F1003CFA1F?openDocument&charset=utf-8

Services: Emergency shelter, first 3 nights are free. If clients attend church on Sunday, Monday will be free. Otherwise, clients pay \$42 a week. Clients must have a government issued ID.

Mental Health

The Centers

http://www.thecenters.us/?page_id=27

Airport Road Campus

352- 291-5555

5664 SW 60th Avenue Ocala, FL 34474

Services: Adult crisis stabilization and detox, outpatient adult mental health, adult case management, adult medication clinic, adult residential substance abuse.

Medicaid accepted and sliding scale fee

Martin Luther King Ave Campus

352- 351-6900

717 SW Martin Luther King Jr. Ave Ocala, FL 34474

Services: Children's outpatient services, mental health and substance abuse, children's case management, medication clinic, adult outpatient substance abuse. *Medicaid accepted and sliding scale fee

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

PFLAG

407-236-9177

www.pflagorlando.org

Services: Support groups for the LGBT+ community and their families

The Children's Home Society of Florida

352- 732-1412

226 Sanchez Ave. Ocala, FL 34470

www.chsfl.org

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all

clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling the tri-county office at 407-896-2323

Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tri-county office at 407-896-2323

STUDENT CARE SERVICES | UNIVERSITY OF CENTRAL FLORIDA

Orange County

Resource Guide

Health and Medical

Central Florida Family Health Center

407-322-8645

11881-A East Colonial Dr Orlando, FL 32826-4723

www.cffhc.org

Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services

A sliding fee schedule is used based on the patient's income and size of family

Community Health Centers

407-905-8827

Apopka

Family and OB/GYN Care

225 E Seventh St Apopka, FL 32703

Dental Care

210 E Seventh St Apopka, FL 32703

Pediatric Care

618 Forest Ave Apopka, FL 32703

Bithlo

Child and Adult Medical Care

Child and Adult Medical Care

19108 E Colonial Dr. Orlando, FL 32820

Eatonville

Family and Dental Care

434 W Kennedy Blvd. Suite D Orlando FL, 32810

Lake Ellenor

Pediatric Dental and Adult Emergency

6101 Lake Ellenor Dr. 106 Orlando, FL 32809

Meadow Woods

407-905-8827 ext6050

Children's Medical and Dental Care

849 Greenway Professional Ct. Orlando Florida 32824

Pine Hills

Family, Pediatric, OB/GYN, and Pediatric Dental Care

1800 Mercy Dr. 2nd Floor Orlando FL 32808

Winter Garden

Child, Adult Medical and Dental Care

13275 W Colonial Dr. Winter Garden, Florida 34787

<http://www.chcfl.org/>

Services: Family, pediatric, and women's care. * Medicaid, Medicaid Managed Care Plans and Medicare. A Sliding Discount Program is available for those meeting income guidelines.*

Grace Medical Home

407-936-2785

51 Pennsylvania Street Orlando, Florida 32806

http://gracemedicalhome.org/?page_id=2

Services: Provides check-ups, vaccinations, treatment of acute and chronic illnesses, laboratory services, x-ray capabilities, social services assistance, health education

Medicaid accepted and sliding scale fees

Healthy Start

407-741-5240

600 Courtland Street, Orlando, FL 32804 Suite 565

Services: The Orange County Healthy Start Program offers medical and social services, education and referrals to pregnant women and infants in order to ensure healthy pregnancies and healthy babies.

Free

Health Care Center for the Homeless

(407) 428-5751

232 North Orange Blossom Trail Orlando, Florida 32805

<http://www.hcch.org/>

Services: Provides primary care, mental health services, oral care, and substance abuse counseling for free, prescriptions can be filled at low cost or free if necessary at on site pharmacy.

Hispanic Health Initiatives, Inc.

407-339-2001

201 Live Oak Blvd., Casselberry, FL 32707

P.O. Box 1925, Casselberry, FL 32718

www.HHI2001.ORG

Services: Health literature, diabetes classes on control and prevention of chronic diseases, health screening and referrals.

Referrals for free mammograms, free prostate cancer screenings, and free/low cost clinics

FamilyWize**407-835-0900**http://www.hfuw.org/index.php?pr=Discount_Drug_Program

Services: Offers discounts on prescription drugs for the family.

No fee to sign up

Florida Hospital**407-303-0500 (financial services)**

East Orlando

7727 Lake Underhill Rd Orlando, Florida 32822

<https://www.floridahospital.com/east-orlando>

Services: Emergency Services and non-emergency services that require immediate attention or place the health of the individual in serious jeopardy

Free or discounted for individuals who have no insurance or have expended their Medicaid assistance

Primary Care Access Network*Orange County Medical Center*

407-836-7100

101 S. Westmoreland Dr Orlando, FL 32805

Central Florida Family Health Center, Inc.

407-322-8645

11881-A E. Colonial Dr. Orlando, FL 32826

Central Florida Family Health Center, Inc.

5449 S. Semoran Blvd., Suite 14 Orlando, FL 32822

407-322-8645

Lake Underhill Family Health Center

5730 Lake Underhill Rd. Orlando, FL 32807

407-322-8645

Pine Hills Family Health Center

Medical 407-905-8827

Dental 407-209-3304

Pharmacy 407-209-3303

1800 Mercy Drive Orlando, FL 32808

Grace Medical Home

407-936-2785

51 Pennsylvania Street Orlando, FL 32806

Services: Provides health care to those without insurance and also assists the uninsured attain insurance.

Financial assistance available, Medicaid accepted

PFLAG**407-236-9177**www.pflagorlando.org

Services: Support groups for the LGBT+ community and their families

Planned Parenthood of Greater Orlando**407-246- 1788**

11500 University Blvd Suite B Orlando, Fl. 32817

www.ppggo.org

Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.

Accepts the following insurance: Cigna, Greatwest HC, Humana, Medicaid: Healthcase, Staywell, Sunshine State, and Wellcare, UMR (Darden employees) United Healthcare

Shepard's Hope**407-876-6699***Goldenrod Location:*

Dr. Diebel Jr. Memorial Sheperd's Hope Health Center

Located at Centro Internacional de la Familia

2008 North Goldenrod Road Orlando, FL 32807

Hours: Mon-Thurs 6pm-9pm (registration begins at 5)

Downtown Orlando Location:

Located at Orange County Medical Clinic

101 South Westmoreland Drive Orlando, FL 32805

Hours: Mon-Thurs 6pm-9pm (registration begins at 5)

<http://shepherdshope.org/patients/>

Services: Medical care provided at no cost, vouchers for prescriptions.

Must arrive early, first come first come basis

Housing and Shelter

Aspire Health Partners

3200 West Colonial Drive Orlando, FL 32805

407-251-2566

Anchor Program

<http://aspirehealthpartners.com/program-details/?program=38>

Services: ANCHOR provides transitional housing with case management and overlay services for chronically homeless adults who have co-occurring substance use and mental health disorders. Clients must be in the Aspire Health system, Baker acted, have medication for a mental issue, and have a dependency program.

BETA Center

407-277-1942

4680 Lake Underhill Road Orlando, Florida 32807

<http://www.betacenter.org/>

Services: Provide transitional housing for pregnant women. Additional emergency services include Emergency Pantry, stocked with non-perishable foods, infant formula and diapers, children's clothes and baby equipment and furniture are available, based on donations.

Coalition for the Homeless of Central Florida

407-426-1250

639 West Central Boulevard Orlando, Florida 32801

<http://www.centralfloridahomeless.org/>

Services: Provides emergency and transitional housing for intact families, eligible individuals and families who show the ability to maintain a job and steady income move into may have the option of moving into the Scattered Site Housing program.

Coalition for the Homeless of Central Florida Women's Residential and Counseling Center

407-425-2502

107 East Hillcrest Street Orlando, Florida 32801

<http://www.centralfloridahomeless.org/>

Services: In addition to receiving shelter and nutritious meals, homeless women will work with a case manager to build a budget and savings account, and to develop a plan for self-sufficiency.

Covenant House**407-482-0404**

5931 E Colonial Dr, Orlando, FL 32807

<http://www.covenanthousefl.org/>

Services: Emergency shelter for up to 37 youth including young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Transitional housing program known as Rights of Passage provides shelter to youth in Seminole, Orange, and Osceola County.

Christian Learning Center**Fresh Start****407-425-2523**

Downtown Office:

808 West Central Boulevard Orlando, FL 32805

http://www.christianservicecenter.org/what_we_do_subpage.php?id=7

Services: Short-term transitional housing for men 18 & older, room and board, three meals a day, recreation resources, internet access, unlimited lavatory and laundry usage and programming such as counseling, anger management and life skills training.

Financial aid provided to those who cannot afford these fees

Family Promises of Great Orlando**407-893-4580**

2313 1/2 North Orange Ave Orlando Florida 32804

www.familypromiseorlando.org

Services: Family Promise of Greater Orlando (FPGO) is a nonprofit, interfaith hospitality network providing temporary assistance, hospitality, and case management for families with children experiencing homelessness. Family Promise of Greater Orlando provides shelter, meals, transportation, and supportive services for up to 90 days.

Habitat for Humanity of Greater Orlando**407-648-4567**

4116 Silver Star Rd, Silver Star Rd, Orlando, FL 32808

<https://www.habitat-orlando.org>

Services: Provides affordable housing in partnership with the working poor in Seminole county. Must meet the following requirements: have a housing need, an ability to pay, demonstrate a willingness to partner, no more than \$2000 in debt when applying.

Two Restores with affordable house furnishings

Orlando Union Rescue Mission

Men's Shelter

407-423-3596

410 W. Central Boulevard

Orlando, FL 32801

www.ourm.org

Services: 7 free nights of emergency shelter, every night after that \$6. First come first serve basis.

Orlando Union Rescue

Women and Children's Shelter

407-423-2131

1525 W. Washington Street Orlando, FL 32805

Services: Transitional housing for women and children including basic living services including meals, laundry facilities and daycare, the heart of our program is Christian mentoring.

Pathways to Care

407-388-0245

430 Plumosa Avenue Casselberry, FL 32707

<http://www.cflcc.org/transitional/pathways>

Services: 40-bed, not-for-profit respite center dedicated to providing health, housing and hope to Central Florida's most vulnerable homeless men and women

Salvation Army

Men's Shelter

407-423-8581 Ext 219

624 Lexington Avenue Orlando, Florida 32804

Services: Offers both emergency shelter services and transitional programming in conjunction with both Housing and Urban Development and The Veteran's Administration.

Daily meals for everyone at 3:30pm

Men's Shelter daily check-in is at 4pm

Salvation Army

Women's & Children's Shelter

407-423-8581 Ext 219

400 West Colonial Drive

Orlando, Florida 32804

Services: Provides a warm and safe environment to women and children in need of emergency shelter and women and children seeking to make the transition from homelessness to stable housing.

Wayne-Densch

407-599-3900

100 Kingston Ct #102, Orlando, FL 32810

Services: Transitional housing for up to 2 years for men and women 18 years and older. Rent is \$25 per week for the first 4 weeks and \$75 per week for working adults. Individuals with social security benefits must pay 30% of their monthly income. Eligibility requirements: must have a source of income or social security benefits, must have ID and social security card, no history of violence or sexual abuse, must pass a drug test.

Mental Health

Outpatient Services/Counseling

Ashlawn Consulting

407- 977-7943

650 S. Central Avenue Ste. 1000, Oviedo, FL 32765

Hours: Monday-Friday 9am-4pm

Services: Outpatient Psychiatry and Outpatient Counseling including Art Therapy, Individual, Family, and Marital

Accepts Medicaid, Medicare

Center for Drug Free Living (CFDFL)

407-245-0014 ext: 221

DUI-Orange County: 407-522-2260

3670 Maguire Boulevard, Orlando, FL 32803

www.CFDFL.com

Services: Orlando Outpatient Center provides outpatient services for Orange County adults in need of non-residential substance abuse treatment services. The Outpatient Center offers comprehensive, confidential counseling services and consultation for individuals and businesses using evidence based treatment approaches which include individual, group counseling, Web based sessions and therapy, and random drug testing

CENTAUR:

Confidential HIV and Hepatitis testing, MH Counseling, Education sessions, Substance Abuse education, Housing for Persons with HIV/AIDS

Accepts Medicaid, Private pay, low rates for homeless population, and Sliding Scale

Community Counseling Center of Central Florida LLC

407-291-8009

P.O. Box 161585, Altamonte Springs, FL 32716-1585

www.ccccf.org

Services: Provides Individual, family and marital therapy serving adults and children.

Medicaid and TANF accepted; and financial assistance available

Compass Behavioral Health, LLC

407-830-7903

1912 Booth Circle, Suite 200, Longwood, FL 32750

<http://www.compassbehavioral.com/home.html>

Services: Mental health services for all ages.

Sliding scale

Devereux Youth & Family Counseling Services

1-800-338-3738 x77130

6417 Christian Way, Orlando FL 32808

http://www.devereux.org/site/PageServer?pagename=fl_orlando_campus

Services: Intensive residential services for children and adolescents who suffer from emotional, behavioral and psychological problems. The campus offers three residential programs; the Statewide Inpatient Psychiatric Program (SIPP), Residential Group Care and the Residential Treatment Center.

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

Episcopal Counseling Center

407-493-6027

1000 Bethune Dr, Orlando, FL 32805

East Orlando

11723 Orpington Street Suite 104 Orlando, FL 32817

http://eccflorida.org/Home_Page.html

Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*

HD Counseling

407-504-1869

612 E Colonial Drive Suite 390 Orlando, FL 32803

Services: Individual, family, group or couple's counseling. Specialized training and experience in the fields of compassion fatigue, career counseling, trauma, stress, pain management, mindfulness based techniques, and relationship counseling. *Medicaid accepted, sliding scale accepted, free counseling with referral from UCF Care Manager*

Human Services Associates

407-422-0880

1703 West Colonial Drive, Orlando, FL 32804

Services: Twelve week outpatient program with group and individual treatment

Fees based on sliding scale

Lakeside Behavioral Healthcare

407-875-3700

Kennedy Plaza

434 W Kenney Blvd., Orlando FL 32810

Princeton Plaza

1800 Mercy Dr, Orlando, FL 32808

www.lakesidecares.org

Services: 193 bed inpatient services and a variety of outpatient services for children and adults. Lakeside has a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children's outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management.

*Medicaid accepted, sliding scale for individuals without insurance

LifeKeeper's Network**407-344-0312**

1072 Plaza Drive, Kissimmee, FL 34743

<http://www.likenet.org/>

Services: Individual, group, couples, and family therapy, blended and targeted case management.

All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties.

Medicaid accepted

National Alliance on Mental Illness Greater Orlando (NAMIGO)**407-253-1900**

1800 Mercy Drive, Suite 300, Mailbox 4, Orlando, FL 32808

www.namigo.org

Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system.

All services are free-of-charge

Resilience Counseling Center**407-977-4335 ext. 1003**

1759 W Broadway Suite 3, Oviedo, FL 32765

<http://www.resiliencecc.com/>

Services: Substance abuse, individual, group, and anger management counseling

* Private Pay, Sliding Scale, Medicaid*

Questions about financial assistance: Pat Reed pat@reiliencecc.com

The Children's Home Society of Florida**321-397-3000**

1485 S. Semoran Blvd., Suite 1448, Winter Park, FL 32792

www.chsfl.org

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. *Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tri-county office at 407-896-2323*

UCF Community Counseling Clinic

407-823-2052

UCF Campus College of Education, 192, Orlando, FL 32816-1250

Hours Vary, Call for appointment

Services: Outpatient individual counseling – need a referral

* Free & Sliding Scale for services*

UCF Marriage & Family Research Institute

407-823-1748

28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262

South Orlando:

7200 Lake Ellenor Dr, Orlando, FL 32809

www.mfri.ucf.edu

Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.

* Free counseling for couples and families.*

Valeska Wilson, M.A., LMHC

407-963-5923

6586 University Blvd., Suite 8, Winter Park, FL 32797

Services: counseling in stress/anxiety; self-esteem; women's issues; depression.

Sliding Scale

Inpatient & Intensive Outpatient Treatment

Center for Drug-Free Living (CFDFL)

407-245-0014 ext: 221

3670 Maguire Boulevard, Orlando, FL 32803

www.CFDFL.com

Women's Residential

(407) 767-0416

Services: Four to Six month program providing individual and group counseling, 12 Step, and AA/NA meetings. Employment and educational help is available.

Men's Residential

(407) 767-0416

Services: Ninety day program providing individual and group counseling, 12 Step, and AA/NA meetings. Employment and educational help is available. Spanish Speaking services are also available.

CENTAUR:

Medicaid, Private pay, low rates for homeless population, and Sliding Scale

Lakeside Behavioral Healthcare

407-875-3700

1800 Mercy Drive, Orlando, FL 32808

www.lakesidecares.org

Services: Emergency and Non-Emergency Assessments, Adult Case Management, Adult Crisis Stabilization Unit (CSU), Adult Medication Clinic, Outpatient counseling (6 months), Sober living house, and Short Term Residential Tx.

Sliding Scale, low payments for homeless clients.

**Primary symptoms must be Mental Health in order to receive outpatient counseling services, if substance abuse, Lakeside refers out to Center for Drug Free Living for residential treatment. **

Seminole Center for Co-Occurring Disorders (SCCD) & Crossroads

407-323-2036

919 E. 2nd St, Sanford, FL 32771

www.seminolecares.org

Services: 45-90 day residential co-occurring disorders and substance abuse treatment. Clients must live in Orange, Seminole, Brevard counties, or be currently homeless. Focusing on CBT, 12 Step, individual and group counseling, case management, detox, and medication management.

Waiting list for treatment.

* Insurance is not accepted and payment is calculated on a sliding scale based on family size and income. Indigent clients with no income can pay as little as \$3 a day.*

STUDENT CARE SERVICES| UNIVERSITY OF CENTRAL FLORIDA

Osceola County

Resource Guide

University of Central Florida

Health and Medical

Catholic Charities of Central Florida

Free Medical Clinic

407-593-1256

Karen.Beary@cflcc.org

St. Thomas Aquinas Free Medical Clinic

510 Brown Chapel Road St. Cloud, FL 34769

<http://www.cflcc.org/emergency/efs-central>

Services: Emergency services include financial assistance, case management, referrals to area providers, food from the Semoran food pantry.

Central Florida Family Health Center

407-322-8645

6101 Lake Ellenor Drive Orlando, FL 32809

www.cffhc.org

Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services

A sliding fee schedule is used based on the patient's income and size of family

FamilyWize

407-835-0900

http://www.hfuw.org/index.php?pr=Discount_Drug_Program

Services: Offers discounts on prescription drugs for the family.

No fee to sign up

Florida Department of Health in Osceola County

<http://osceola.floridahealth.gov/programs-and-services/index.html>

Osceola Community Health Services at Stadium Place

407-343-2050

1501-1507 Bill Beck Blvd Kissimmee, FL 34744

Services: Primary care, pediatric services, maternity services, family services. *Accepts Medicaid and sliding scale*

Osceola Community Health Services at Poinciana

407-943-8600

109 North Doverplum Ave Poinciana, FL 34758

Services: Primary care, pediatric services, maternity services, family services, dental care

Accepts Medicaid and sliding scale

Osceola Community Health Services Intercession City

407-944-7190

1 Courthouse Square #1200 Kissimmee, FL 34741

Services: Family services, dental care. *Accepts Medicaid and sliding scale*

Osceola Community Health at Buenaventura Lakes

407-343-2055

2622 Simpson Rd. Kissimmee, FL 34741

Services: Primary care, pediatric care, women's health. *Accepts Medicaid and sliding scale*

JMJ Pregnancy Center

407-201-5085

944 East Osceola Parkway Kissimmee, Fl 34744

<http://jmlifecenter.org/about/>

Services: Pregnancy Testing, Ultrasounds, Crisis Intervention, Adoption Information, Abstinence Information, MOPs Mentoring Program, Maternity Clothes, Baby Supplies, Baby Clothes, Baby Furniture, Formula & Baby food

Abortion alternatives and information.

Osceola County Christian Ministry Center – Clinic

407-944-9968

700 Union St. Kissimmee, FL 34741

Services: Medical and dental services provided by volunteer physicians. Dates and hours vary, contact for information. *Services free of charge*

Osceola Council on Aging

407-846-8532 x261

700 Generation Point, Kissimmee, FL 34744

<http://www.osceolagenerations.org/>

Services: Provide acute and chronic, non-emergency healthcare for low-income and uninsured residents of Osceola County. Requirements: 18 years of age or older, be an Osceola County resident, not have any health insurance, meet the Federal Poverty Income Guidelines. *Call for appointment*

Planned Parenthood of Greater Orlando

407-246-1788

610 Oak Commons Blvd. Kissimmee, FL 34741

www.ppggo.org

Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer

screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.

*Accepts the following insurance: Cigna, Greatwest HC, Humana,
Medicaid: Healthease, Staywell, Sunshine State, and Wellcare, UMR (Darden employees)
United Healthcare*

Housing and Shelter

Covenant House

407-482-0404

<http://www.covenanthousefl.org/>

Services: Emergency shelter for up to 37 youth including young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Transitional housing program.

HOME

407-932-0943

924 Determination Way Kissimmee, FL 34741

<http://www.osceolahome.org/index.html>

Services: Provides transitional housing (usually 6-12 months), intensive case management, and life skills training for single homeless mothers. Families participating in this program pay \$100 per month and are also required to put a portion of their earnings into savings. *Eligibility criterial: Must be a single mom with custody of all minor children, must be employed or employable, and must be strongly motivated to become self-sufficient. A family's stay at the campus is contingent on their participation in program activities and progress towards case plan goals.*

First United Methodist Church of St. Cloud

407- 892-3128

1000 Ohio Avenue St Cloud, FL 34769

<http://www.firstchurchstcloud.org/ministries/community-outreach-ministries/>

Cold Night Shelter

Services: First St Cloud becomes a Cold Night Shelter providing a warm place to sleep for the homeless of our community when temperatures drop below 40 degrees. This ministry not only provides a shelter for the night, but also showers, hot meals, blankets, coats, clothes, as well as

prayer for those in need. Service opportunities include overnight stay during cold nights, meal preparation, and donations.

Mental Health

Adapt Behavioral Services

407-928-0444

3483 W. Vine St, Kissimmee, FL 34741

www.Adapt-FL.com

Services: In-home & in-school behavior analysis, skill training, parent training, individual counseling & family counseling.

Medicaid and Medicaid waiver accepted, sliding Scale

After Court Solutions

407-944-1155

326 West Oak Street Kissimmee, FL 34741

http://www.courtorderedflorida.com/classes/contact_us.html

Services: Family, individual, and group counseling for individuals with or without a court order.

Medicaid accepted

Center for Drug-Free Living (CFDFL)

407-245-0014 ext: 221

2540 Michigan Ave. Kissimmee, FL 34744

www.CFDFL.com

Services: Comprehensive, confidential counseling services and consultation for individuals and businesses using evidence based treatment approaches which include individual and group counseling. *Medicaid, low rates for homeless population, and Sliding Scale*

Circle of Friends Services, Inc.

386-473-4566

111 Monument Ave. Suite 513 Kissimmee, FL 34741

www.cofsfl.org

Services: We are a trauma-based counseling for mental health needs of children (0-18 years) and families in Central Florida.

Medicaid accepted

The Children's Home Society of Florida

407-846-5220

2653 Michigan Ave. Kissimmee, FL 34744

www.chsfl.org

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling tri-county office at 407-896-2323

Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tri-county office at 407-896-2323

Community Counseling Center of Central Florida LLC

407-291-8009

P.O. Box 161585, Altamonte Springs, FL 32716-1585

www.ccccf.org

Services: Provides Individual, family and marital therapy serving adults and children.

Medicaid and TANF accepted; and financial assistance available

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

Episcopal Counseling Center

800-544-1817

2745 Canoe Creek Drive ST. Cloud, FL 34772

http://eccflorida.org/Home_Page.html

Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*

Impower**407-931-2911**

222 Broadway Ave Suite 211, Kissimmee, FL 34741

www.isifl.org

Services: Provides outpatient services that include counseling and case management for adults and children.

Medicaid and medicare accepted, sliding scale rates

Kinder Konsulting & Parents Too**407-657-6692**

2479 Aloma Avenue Unit D Winter Park, FL 32792

To make a referral: www.kinderkonsulting.com

Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.

Medicaid and sliding scale payments accepted

Lakeside Behavioral Healthcare**407-875-3700**

Kennedy Plaza

434 W Kennedy Blvd., Orlando FL 32810

Princeton Plaza

1800 Mercy Dr, Orlando, FL 32808

www.lakesidecares.org

Services: 193 bed inpatient services and a variety of outpatient services for children and adults. Lakeside has a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children's outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management.

*Medicaid accepted, sliding scale for individuals without insurance

LifeKeeper's Network**407-344-0312**

1072 Plaza Drive, Kissimmee, FL 34743

<http://www.likenet.org/>

Services: Individual, group, couples, and family therapy, blended and targeted case management. All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties.

Medicaid accepted

National Alliance on Mental Illness Greater Orlando (NAMIGO)

407-253-1900

1800 Mercy Drive, Suite 300, Mailbox 4, Orlando, FL 32808

www.namigo.org

Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system.

All services are free-of-charge

PFLAG

407-236-9177

www.pflagorlando.org

Services: Support groups for the LGBT+ community and their families

The Transition House

407-892-4202

3113 Innovation Drive St. Cloud, FL 34769

<http://www.thetransitionhouse.org/whoware>

Services: Individual and group therapy sessions, psychiatric medication management and medically supervised *Suboxone*TM therapy for opioid dependence.

Accepts Medicaid

STUDENT CARE SERVICES | UNIVERSITY OF CENTRAL FLORIDA

Seminole County

Resource Guide

Health and Medical

A Center for Women

407-628-5433

315 North Wymore Road, Winter Park, FL 32789

www.PregnancyOrlando.com

Services: A Center For Women offers free pregnancy testing with official proof of pregnancy, free viability ultrasounds upon qualification; educational counseling about pregnancy, abortion, fetal development, STD's and their effects and adoption; assistance finding shelter, maternity clothing, baby clothing and supplies. Community Referrals.

* Medicaid and sliding scale for counseling*

Central Florida Family Health Center

407-322-8645

2400 S.R. 415, Sanford, FL 32771

www.cffhc.org

Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services

A sliding fee schedule is used based on the patient's income and size of family

Children's Medical Services

407-858-5555/1-800-226-6530

7000 Lake Ellenor Drive, Orlando, FL 32809

www.cms-kids.com

Services: CMS assists families with children from birth to 21 years of age with special health care needs. CMS has specialty programs, pediatric primary care physicians, pediatric sub specialists and therapists to assist in the overall care of our patients. Database for families that qualify for assistance through Medicaid.

Harvest Time International

Medical: 407-878-5495

Dental: 407-878-5674

225 North Kennel Road Sanford, FL 32771

clientservices@harvesttime.org

www.harvest-time.org

Services: Provides free health and dental care for individuals that qualify. No insurance needed!

Hispanic Health Initiatives, Inc.

407-339-2001

201 Live Oak Blvd., Casselberry, FL 32707

P.O. Box 1925, Casselberry, FL 32718

www.HHI2001.ORG

Services: Health literature, diabetes classes on control and prevention of chronic diseases, health screening and referrals.

Referrals for free mammograms, free prostate cancer screenings, and free/low cost clinics

FamilyWize

407-835-0900

http://www.hfuw.org/index.php?pr=Discount_Drug_Program

Services: Offers discounts on prescription drugs for the family.

No fee to sign up

Kinder Konsulting & Parents Too

407-657-6692

2479 Aloma Avenue Unit D Winter Park, FL 32792

To make a referral: www.kinderkonsulting.com

Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.

Medicaid and sliding scale payments accepted

Life Choices Women's Center

321-422-4168

600 E. Altamonte Drive, Suite 1200 Altamonte Springs, FL 32701

Services: Offers assistance to women with pregnancy testing, ultrasounds (limited), intimacy information, medical referrals.

Free of charge

PFLAG**407-236-9177**www.pflagorlando.org

Services: Support groups for the LGBT+ community and their families

Planned Parenthood of Greater Orlando**407-246- 1788**

11500 University Blvd Suite B Orlando, Fl. 32817

www.ppggo.org

Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.

Seminole County Health Department*Dental Health Program*

407-665-3346

400 West Airport Blvd., Sanford, FL 32773

<http://seminole.floridahealth.gov/>

Services: Dental services for children who have Medicaid include cleanings, fillings, sealants, exams, X-rays and extractions.

Medicaid may be used for children's services, adults over 20 may use Medicaid for emergency services

Immunizations/Vaccines Program

407-665-3281

400 West Airport Blvd., Sanford, FL 32773

Services: Immunizations Clinic, Childhood and adult immunizations are available for free for children.

STD Prevention and Control Program

407-665-3291

400 West Airport Blvd., Sanford, FL 32773

Services: STD Testing

\$20.00 rapid HIV test, \$45 general STD test

Seminole County WIC & Nutrition Program

Sanford Location:

407-665-3705

400 West Airport Blvd., Sanford, FL 32779

Casselberry Location:

407-665-3400

132 Sausalito Blvd., Casselberry, FL 32707

<http://www.floridahealth.gov/chdseminole/WIC.html>

Services: WIC is a special supplemental food and nutrition education program for Women, Infants, and Children. WIC provides the following at no cost: healthy food during your pregnancy and after you delivery, nutrition education, counseling breastfeeding support, referrals for health care and community services. To be eligible, you must be: a pregnant woman, a breastfeeding woman, a woman who just had a baby, an infant or a child under 5 years old.

The Sharing Center

407-260-2617

Longwood: The Sharing Center- 600 North Hwy 17-92, Suite 158, Longwood, FL 32750

www.thesharingcenter.org

Services: The Healthlink center provides guidance in locating physicians, discounted prescriptions for medications, and offers free clinics once a month.

Appointment necessary

Shepard's Hope

407-876-6699

Longwood Location:

Located at the Sharing Center Plaza

600 North US 17-92, Suite 124

Longwood, FL 32750

Hours: Mon-Thurs 6pm-9pm (registration begins at 4:30)

<http://shepherdshope.org/patients/>

Services: Medical care provided at no cost, vouchers for prescriptions.

Must arrive early, first come first come basis

Housing and Shelter

Covenant House

407-482-0404

<http://www.covenanthousefl.org/>

Services: Emergency shelter for up to 37 youth including young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Transitional housing program known as Rights of Passage provides shelter to youth in Seminole, Orange, and Osceola County.

Elizabeth House, Inc.

407-968-9922

P.O. Box 620586, Oviedo, FL 32762

www.elizabethhouseinc.com

Sandra Preston, Partner rep, Sandra@elizabethhouseinc.com

Survivors of domestic violence and their children live free in this faith-based, transitional home up to a year while they heal physically, emotionally, financially and spiritually from the abuse.

Habitat for Humanity in Seminole County

407-696-5855

www.habitatseminoleapopka.org

Penny Seater, partner rep, pseater@habitatseminole.org

Services: Provides affordable housing in partnership with the working poor in Seminole county.

Must meet the following requirements: have a housing need, an ability to pay, demonstrate a willingness to partner, no more than \$2000 in debt when applying.

Two Restores with affordable house furnishings

Heart to Heart

407-463-6297

www.h2hcentralflorida.org

Services: Provides transitional housing to women and children by providing transitional housing.

Homeless Services Network of Central Florida

407-893-0133

2828 Edgewater Drive Orlando, FL 32804

www.hsncfl.org

Services: HSN provides linkages to housing and supportive services for persons who are homeless or on the verge of homelessness.

Pathways to Care

407-388-0245

430 Plumosa Avenue Casselberry, FL 32707

<http://www.cflcc.org/transitional/pathways>

Services: 40-bed, not-for-profit respite center dedicated to providing health, housing and hope to Central Florida's most vulnerable homeless men and women

Rescue Outreach Mission of Sanford

407-321-8224

1701 West 13th St., Sanford, FL 32771

www.rescueoutreachmission.org

Services: Emergency shelter, food, clothing and spiritual guidance to disadvantage, needy, homeless families with children. A newly designed State of the Art Learning Center provides residents with the tools they need to take on-line classes, write resumes and more.

All services are free

Seminole County Government - Community Assistance

407-665-2300

535 W Lake Mary Boulevard, Sanford, Florida 32714

<http://www.seminolecountyfl.gov/comsrvs>

Services: Provides emergency financial services for utility bills and rent payments, must attend an orientation to learn more.

The Center for Affordable Housing

407-323-3268

2524 South Park Drive, Sanford, FL 32773

Services: Transitional housing for homeless families, low-income rentals, and comprehensive housing counseling.

Mental Health

Above and Beyond: Children & Community Services, Inc.

407-391-9033

705 West 1st Street Sanford, FL 32771

Services: Assists children, youth, adults and families locate, access and coordinate services they need for mental health wellness and improved lives through case management, Wraparound care coordination, parent education and referrals.

Adapt Behavioral Services

407-928-0444

225 South Swoope Avenue #211, Maitland, FL 32751

www.Adapt-FL.com

Services: In-home & in-school behavior analysis, skill training, parent training, individual counseling & family counseling.

*Funding through Medicaid Waiver, most Medicaid plans, many commercial insurance plans.

Other funding is available for those without insurance.*

Behavioral Support Services, Inc.

407-830-6412

801 Douglas Avenue Suite 208, Altamonte Springs, FL 32714

www.BSSOrlando.com

Services: Behavioral services provided in home and school settings. Behavioral Support Services, Inc. is a Medwaiver provider and DCF Licensed Substance Abuse Provider. Mentoring, respite, behavioral analysis, mental health counseling, psychiatric care and case management.

Accepts Medicaid and clients can apply for additional support through a home visit

Boys Town Central Florida

407-588-2170

Main Office - Residential Services, CINS/FINS and Clinical Services

975 Oklahoma Street, Oviedo, FL 32765

Boys' and Girls' Assessment Center

1350 Healing Place, Oviedo, FL 32765

407-588-2160

www.boystowncentralflorida.org

Services: Conflict resolution among families, counseling, mentoring and healthcare for children and adolescents. Case management available and transitional housing for adolescents.

financial assistance with healthcare for individuals that qualify

Central Florida Dream Center (Also: Men, Women and Youth in Action)

407-302-0880

540 Pecan Avenue, Sanford, FL 32771

www.cfdreamcenter.org

Services: Anger management classes, marriage counseling, parenting classes, circle of parents (parents helping parents), support and empowerment classes for abuse victims, after school programs, computer and typing classes, adult reading and math, a 12 step faith-based overcomes program for all forms of addictions

clients may volunteer to cover the cost of services received

Circle of Friends Services, Inc.

386-473-4566

300 N. Ronald Reagan., Suite 202, Longwood, FL. 32750

www.cofsfl.org

Services: We are a trauma-based counseling for mental health needs of children (0-18 years) and families in Central Florida.

accepts Medicaid Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.

Community Counseling Center of Central Florida LLC

407-291-8009

P.O. Box 161585, Altamonte Springs, FL 32716-1585

www.ccccf.org

Services: Provides Individual, family and marital therapy serving adults and children.

Medicaid and TANF accepted; and financial assistance available

Compass Behavioral Health, LLC

407-830-7903

1912 Booth Circle, Suite 200, Longwood, FL 32750

<http://www.compassbehavioral.com/home.html>

Services: Mental health services for all ages.

Sliding scale

Counseling Services of Central Florida

407-657-8555 x6

1954 Howell Branch Road, Suite 106, Winter Park, FL 32792

<http://www.counselingcentralfl.com/>

Services: Counseling for anxiety, depression, grief, divorce, parenting, behavioral and school related issues

Sliding scale

Creative Counseling PA

407-688-1770

205 Waymont Court, Suite 111, Lake Mary, FL 32746

www.creativecounselingcfl.com

Creative Counseling PA is a group of mental health providers who provide comprehensive outpatient services for a wide variety of mental health issues. Individual, family, play therapy, group psychotherapy and Family and Collaborative Mediation are available. We specialize in the areas of Abuse Issues Sexual, Physical & emotional, Dual Diagnosis, Singles/Post-Divorce Issues (Self-Esteem Enhancement), Relationship Issues, Life Style Adjustment Issues related to Medical and Physical problems which cause mandatory changes in daily life functioning and Pain Management, Grief and Loss, Adjustment Disorders, Anger Management, Anxiety and Panic Disorders, Assertiveness Training, Communication Skills, Mood Disorders (Depression and Bipolar Disorders), Trauma Resolution/Post Traumatic Stress Disorder, Addiction/Alcohol and Drug Abuse/Dependency Issues, Parenting and Co-Parenting Issues

Sliding Scale

Devereux

321-281-3840

1010 Executive Center Drive, Suite 100, Orlando, FL 32803

www.devereux.org

Services: Offers a wide range of services that include case management, family support, counseling, substance abuse treatment, and diabetes management program and more. Devereux offers community based services as well as long-term residential services.

Discovery Counseling of Orlando

407-376-3773

100 Crown Oak Center Drive, Longwood, FL 32750

www.discoveryorlando.org

Services: Counseling for pre-marriage, marriage, re-marriage, divorce, children, adolescents, family issues, sexual integrity, addiction recovery, identity, depression, anxiety, mood issues, and other relational problems.

Group therapy is free, \$30 for therapy with a graduate student

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in

community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

Episcopal Counseling Center

800-544-1817

601 S. Highland Avenue Apopka, FL 32703

http://eccflorida.org/Home_Page.html

Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*

Federation of Families of Central Florida Inc.

407-334-8049

237 Fernwood Blvd. Suite 101 Casselberry, FL 32730

Warm Line Support

407-346-3248

www.ffcfl.org

Services: Providing support, advocacy and education to Central Florida families, children and youth with emotional, behavioral and mental health challenges

Focus Counseling and Consulting

407-415-0810

838 West Kelly Park Road, Apopka, FL 32712

<http://jhfocus.wix.com/focuscounseling>

Services: individual and family counseling, mediation, adoption home studies, mentoring and tutoring.

Accepts Medicaid, provides assistance for disadvantaged families who qualify for Families in Need Program.

HSA –Human Services Associates

407-422-0880

1801 Lee Road, Suite 170, Winter Park, FL 32789

www.hsainc.org

Services: Comprehensive case management using the Family Team Conferencing Model to serve families with identified primary need of sustained self-sufficiency and substance abuse problems.

Haven of Hope Ministries

407-298-2056

1902 West Colonial Drive, Orlando, FL

www.cflhavenofhope.com

Services: Provides food and emotional support to individuals that are living with HIV/ or living below the poverty line.

Impower

407-331-8002

581 E SR 434 Suite 1021, Longwood, FL 32750

www.isifl.org

Services: Provides outpatient services that include counseling and case management for adults and children.

Medicaid and medicare accepted, sliding scale rates

Jewish Family Services of Greater Orlando

407-644-7593

2100 Lee Road, Winter Park, FL 32789

www.jfsorlando.org

Services: Counseling services

Sliding scale

Journeys End Counseling, LLC

407-678-9800

1035 South Semoran Blvd, Suite 1040, Winter Park, FL 32792

www.journeysendcounseling.com

Services: Individual, family, group and adolescent counseling for depression, anxiety, anger management and mood disorders. Counseling for post adoption, reunification and placement stabilization for children and their caregivers. Therapies also provided for co-dependency, domestic violence and intimate partner violence.

Accepted payment: TANF, FSPT Medicaid.

Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center

407-324-3036

5467 North Ronald Reagan Blvd., Sanford, FL 32773

www.kidshouse.org

Services: Kids House offers a 15-week Nurturing Parenting Program designed for parents and children ages 5 to 12. It is for any family that wants to get along better and communicate more. Kids House offers a non-offending family member support group. Families often experience a

mixture of feelings, coping with a child's victimization, and have found support of parents who have been through a similar experience. Kids House supports Circle of Parents, a mutual support and self-help program for parents.

Kinder Konsulting & Parents Too

407-657-6692

2479 Aloma Avenue Unit D Winter Park, FL 32792

To make a referral: www.kinderkonsulting.com

Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.

Medicaid and sliding scale payments accepted

Lakeside Behavioral Healthcare

407-875-3700

Kennedy Plaza

434 W Kenney Blvd., Orlando FL 32810

Princeton Plaza

1800 Mercy Dr, Orlando, FL 32808

www.lakesidecares.org

Services: 193 bed inpatient services and a variety of outpatient services for children and adults.

Lakeside has a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children's outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management.

*Medicaid accepted, sliding scale for individuals without insurance

LifeKeeper's Network

407-344-0312

1072 Plaza Drive, Kissimmee, FL 34743

<http://www.likenet.org/>

Services: Individual, group, couples, and family therapy, blended and targeted case management.

All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties.

Medicaid accepted

Menschner & Associates Counseling Group

407-529-5359

409 Montgomery Road, Suite 161 Altamonte Springs, FL 32714

www.macounseling.com

Services: Comprehensive Mental and Behavioral Health Services for children, adolescents and adults, individual, family and group therapy, evening and weekend appointments along with Spanish speaking therapists.

Medicaid HMO accepted

National Alliance on Mental Illness Greater Orlando (NAMIGO)

407-253-1900

1800 Mercy Drive, Suite 300, Mailbox 4, Orlando, FL 32808

www.namigo.org

Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system.

All services are free-of-charge

New Life Connections, Inc.

407-322-7779

Sanford - 404 West 25th Street, Sanford, FL

Oviedo - 320 North Central Avenue (434), Oviedo, FL

www.new-life-connections.org

Services: Anger management 8 hour workshop, occurs monthly.

\$50 per workshop

PACE Center for Girls

407-992-0456 ext 200

445 N. Wymore Road Winter Park, FL 32789

www.pacecenter.org

Services: Alternative education site for at risk female adolescents who might not succeed in the traditional school system, service learning projects, case management

St. Luke's Lutheran Church

407-365-3408

2021 West State Road 426, Oviedo, FL 32765

www.stlukes-oviedo.org

Comprehensive Case Management using the Family Team Conferencing Model to serve those in need

by accessing the resources available to provide basic physical and spiritual needs that will assist families in recovering a sense of value and dignity.

Seminole Behavioral Healthcare

407-831-2411/407-321-HELP

Crisis Stabilization Unit

919 East Second Street, Sanford, FL 32771 Crisis Stabilization Unit

Bay House

351 South Bay Avenue, Sanford, FL 32771

www.seminolecares.org

Services: Therapeutic needs and services are identified through an assessment and are developed jointly with the family and their primary counselor. We provide individual, family, and group counseling as well as medication management services. ADHD Parent Support group, CHADD.

Accepts Medicaid, Medicaid HMOs, as well as a sliding scale

TBC Productions/Breakthrough Counseling Services

407-342-4956

Juvenile Justice Center, 190 Bush Blvd., Sanford, FL 32772

Additional offices in Seminole County and Orlando

www.Tbcproductions.com

Services: Juvenile Counseling (STARS program) Life skills, Youth Intervention, Mental Health, Self-Esteem, Character building, Career Coaching, Substance Abuse/Family Counseling Services (STAR Parent Program) Relationship & Marriage skills, Family Intervention, Parenting Skills and one-on-one counseling services.

Sliding scale.

The Children's Home Society of Florida

321-397-3000

1485 S. Semoran Blvd., Suite 1448, Winter Park, FL 32792

www.chsfl.org

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling tri-county office at 407-896-2323

Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tri-county office at 407-896-2323

The Grove Counseling Center, Inc.

407-327-1765

Fax: 407-339-2129

111 W Magnolia Ave., Longwood, FL 32750

Office and Outpatient Clinic

The Grove Academy (Adolescent residential program)

580 Old Sanford/Oviedo Rd., Winter Springs, FL 32708

www.thegrove.org

Services: programs for treatment of substance use and behavioral health disorders, outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents

low cost fees apply, much insurance accepted

Therapy4Kids & Parents Too

321-426-0814

3208 W SR 426 Suite 1020, Oviedo, FL 32765

www.therapyforkids.net

Services: provides mental health and behavioral counseling services, tutoring and mentoring for children and their families. Services can be provided in office, in the home or school settings.

*Funding can be provided for families without insurance benefits if qualified.

University Behavioral Center

407-281-7000

2500 Discovery Drive Orlando, FL 32826

universitybehavioral.com

Services: Mental health treatment for children and adolescents from age 6-17 yrs old. Programs include crisis stabilization, short term RTC, long term RTC, and inpatient and partial hospitalization. Special programs are available for inappropriate sexual behaviors and victims.

UCF Marriage & Family Research Institute

407-823-1748

28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262

South Orlando:

7200 Lake Ellenor Dr, Orlando, FL 32809

www.mfri.ucf.edu

Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.

* Free counseling for couples and families.*

UCF Psychology Clinic

407-823-4348

<http://psychology.cos.ucf.edu/psychclinic/>

Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm

Location: Psychology Building on Main Campus

Services Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment, Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems

* Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*

Visions Targeted Case Management

321-263-0590

989 W Kennedy Blvd. Suite 202, Orlando, FL. 32810

Services: Targeted case management, prison re-entry, links individuals living with HIV to medical treatment, helps with scholarship searches.

Wraparound Seminole

321-441-2092

<http://seminolechildren.org/index.php/wraparound-seminole.html>

Services: Wraparound Seminole is the service delivery component of the Families And Communities Together in Seminole (FACTS) Initiative, managed by CBC of Central Florida. It is a collaboration of local child serving agencies to support children and youth with intensive emotional, behavioral and mental health challenges. Wraparound forms a support team around a young person and his or her family to help them stay safe, remain together and achieve their goals. Care Coordinators and Family Partners start with strengths and work hand in hand with each youth, family and team to address the needs presented by the family. They also build connections in the community that will provide support long after the family transitions out of formal Wraparound.

STUDENT CARE SERVICES | UNIVERSITY OF CENTRAL FLORIDA

Volusia County

Resource Guide

University of Central Florida

Health and Medical

Community Medical Center

Deland Office

386-738-1792

1190 N Stone Street Deland, Florida 32720

Orange City Office

386-775-1792

810 Commed Blvd. Orange City, Florida 32763

<http://www.cmcwv.com/index.html>

Services: General primary medical care for pediatrics and adults. *Medicaid accepted and sliding scale*

Good Samaritan Clinic

386-738-6990

136 East Plymouth Avenue DeLand, Florida 32724

<https://gsdld.org/index.html>

Services: Free medical and dental health care for medically indigent adults, including the homeless and those who are working but cannot afford health insurance. Hours: Monday, Wednesday, Friday: 5:00p-8:30p. *Must be 18+, have no insurance, at or below 200% of the federal poverty level, a resident of West Volusia county, must provide your previous year's tax return (if you submitted one), must provide 3 recent consecutive months of bank statements (if you have an account) and must provide a Medicaid case or access number or letter of Medicaid denial. Free of Charge*

Halifax Health Community Center

386-425-4019

303 N. Clyde Morris Blvd., Daytona Beach, FL

<http://www.halifaxhealth.org/community-health-centers#sthash.qIrl2oNA.dpuf>

Services: Primary and emergency care. *Discounted services to those in financial distress*

Halifax Health Keech Pediatric Neighborhood Care

386-947-3553

431 S. Keech St., Daytona Beach, FL

Services: Full range of pediatric care for patients up to the age of 18 *Discounted services to those in financial distress*

The Jesus Clinic

386-253-6959

1133 6th Street, Daytona Beach, FL 32117

<http://www.jesusclinic.com/>

Services: Medical services including physical exams, pap smears, basic x-rays, lab work, pulmonary function testing, EKG's, minor surgery, and colon cancer screening. *Free of charge to those without Medicaid or insurance*

Housing and Shelter

The HUM Center

386-252-9400

340 North Street Daytona Beach, FL 32114

<http://www.halifaxurbanministries.org/services/star-center>

Services: 24 rooms/94 bed spaces for families with children. Provides up to six months of shelter for homeless families to get on their feet, day care and tutoring provided for children, financial literacy classes. Link to schedule of services: <http://www.halifaxurbanministries.org/wp-content/uploads/2012/06/North-Street-Service-Chart-6-17-14-copy.jpg>

The Neighborhood Center

386-734-8120

434 S. Woodland Blvd. DeLand FL 32720

<http://www.neighborhoodcenterwv.org/drivingdirections.html>

Services: 10 emergency shelter beds: 6 for men and 4 for women. Intake begins at 4:00pm and clients must be out at 7:30am. *First 15 days are free, next 15 days are \$5 each.*

Salvation Army

386-257-4391

560 Ballough Road Daytona Beach, FL 32114

Services: 150 bed emergency shelter with breakfast and dinner. Clients may line up at 4:00, intake begins at 4:30, must be out by 6:00am. *Free for first night stay, \$10 after that*

Mental Health

Adapt Behavioral Services

386-898-5003

533 N. Nova Road #204 Ormond Beach, Fl 32174

www.Adapt-FL.com

Services: In-home & in-school behavior analysis, skill training, parent training, individual counseling & family counseling.

*Funding through Medicaid Waiver, most Medicaid plans, many commercial insurance plans.

Other funding is available for those without insurance.*

Central Florida Health Associates

386-736-9165

125 West Plymouth Avenue Deland, FL 32720

<http://www.centralfloridamentalhealthassociates.com/Services.htm>

Services: Individual, couples, adolescent, and family counseling.

Sliding Scale Fee

Circle of Friends Services, Inc.

386-473-4566

300 N. Ronald Reagan., Suite 202, Longwood, FL. 32750

www.cofsfl.org

Services: We are a trauma-based counseling for mental health needs of children (0-18 years) and families in Central Florida.

accepts Medicaid

The Children's Home Society of Florida

386-304-7600

2400 S. Ridgewood Ave., Suite 32 South Daytona, FL 32119

<http://www.chsfl.org/NorthCoastal>

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale.

Medicaid accepted and a limited amount of services are available on a sliding fee scale

Community Counseling Center of Central Florida LLC

407-291-8009

P.O. Box 161585, Altamonte Springs, FL 32716-1585

www.ccccf.org

Services: Provides Individual, family and marital therapy serving adults and children.

Medicaid and TANF accepted; and financial assistance available

Devereux Florida

386-740-7110

120 East New York Avenue DeLand, FL

https://secure2.convio.net/devrx/site/SPageServer/?jsessionid=CB512E9039F2963837BF67603C363E73.app261a?pagename=fl_index

Services: Youth counseling and case management. *Medicaid accepted*

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

The House Next Door

DeLand Family Counseling Center

386-738-9169

121 West Pennsylvania Avenue DeLand, Florida 32720

Deltona Family Counseling Center

386-860-1776

840 Deltona Blvd, Suite K , Deltona, Florida 32725

East Side Therapy Office

Presbyterian Counseling Center

386-738-9169

430 Braddock Avenue Daytona Beach, Florida 32118

Services: Individual, marital, family and group counseling. *Sliding scale and Medicaid accepted*

PFLAG

407-236-9177

www.pflagorlando.org

Services: Support groups for the LGBT+ community and their families.

Stewart-Marchman- Act Behavioral Healthcare

800- 539-4228

Southeast Volusia Outpatient Care Center

311 North Orange Street New Smyrna Beach, FL 32168

DeLand Counseling Center

105 Calvin Street DeLand, Florida 32720

Outpatient Center and Corporate Offices

<http://www.smabehavioral.org/home>

1220 Willis Avenue Daytona Beach, Florida 32114

Services: Outpatient mental health counseling. *Medicaid accepted and Sliding Scale*

STUDENT CARE SERVICES | UNIVERSITY OF CENTRAL
FLORIDA

University of Central Florida

Resource Guide

Health and Medical

Student Health Services

407-823-2701

<https://hs.sdes.ucf.edu>

Free primary and psychiatry visits for currently enrolled students. Can walk in or schedule an appointment.

Services: Dental Center, Women's Clinic, Pharmacy, Psychiatry

Fees included with tuition excludes prescriptions, tests

Wellness and Health Promotion Services

407-823-5841

<http://whps.sdes.ucf.edu/>

Free for currently enrolled students.

Services: Goals + Plans= Success (GPS) Wellness Coaching, HIV testing and counseling, Smoking Cessation Program, Free condom program.

UCF Health

407-266-3627

<https://ucfhealth.com/>

East Orlando Location: 3400 Quadrangle Blvd. Orlando, FL 32817-1492

Medical City Location: 9975 Tavistock Lakes Blvd. Orlando, FL 32827

Primary and specialist care available

Services: Behavioral Health, Cardiology, Dermatology, Family Medicine, Gastroenterology, Integrative, Internal, and Sports Medicine

Housing and Shelter

Housing and Residence Life

407-823-4663

<http://www.housing.ucf.edu/>

Housing and Residence Life offers housing accommodations on campus and UCF affiliated off-campus apartments.

Neighborhood Relations and Safety Education

407-823-6505

<http://nrse.sdes.ucf.edu/>

The Neighborhood Relations and Safety Education website is a one stop shop for off-campus student housing options.

Mental Health

Counseling and Psychological Services (CAPS)

407-823-2811

<http://caps.sdes.ucf.edu/>

Counseling services provided by licensed providers, or interns who are supervised by licensed providers.

Services: Individual, Couple, Group, Crisis Counseling, Life Coaching, Therapist Assisted Online, Workshops, Community Provider Database, After-hours hotline

* Free for enrolled students*

Alcohol and Other Drug Intervention Services (AOD)

407-823-2924

<https://shs.sdes.ucf.edu/services/specialty-care>

Offers Substance Abuse Counseling services. AOD approved by the Florida Safety Council to provide treatment for UCF students mandated to attend treatment and by the States Attorney's office to provide mandated assessments as required by the Pre-Trial diversion program (PTD).

Services: Individual and Group therapy. Facilitates support group meetings through the [Collegiate Recovery Community](#)

* Free for enrolled students*

Wellness and Health Promotion Services

407-823-5841

<http://whps.sdes.ucf.edu/>

Free for currently enrolled students.

Services: Journal to Self-Discovery, Relaxation Training (Biofeedback)

Community Counseling Clinic

407-823-2052

<https://education.ucf.edu/ccc/index.cfm>

Counseling services provided by interns who are supervised by licensed providers.

Services: Individual, Couples, Family, Child/Adolescent Counseling

Services provided at the CCC are free; however there is a 3 semester service limit.

UCF Marriage & Family Research Institute

407-823-1748

Campus: 28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262

South Orlando: 7200 Lake Ellenor Dr, Orlando, FL 32809

www.mfri.ucf.edu

Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.

* Free counseling for couples and families.*

UCF Psychology Clinic

407-823-4348

<http://psychology.cos.ucf.edu/psychclinic/>

Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm Location: Psychology Building on Main Campus

Services Year-round services for children, adolescents, and adults in the Orlando area
Individual, group, and family psychotherapy, as well as psychological assessment,
Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems * Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*