Resource Guide for Regional Campuses

University of Central Florida
Contents

Brevard County...........................................................................................................................................2
  Health and Medical .................................................................................................................................3
  Housing and Shelter ...............................................................................................................................5
  Mental Health .........................................................................................................................................6

Lake County ................................................................................................................................................10
  Health and Medical ...............................................................................................................................11
  Housing and Shelter ...............................................................................................................................13
  Mental Health .........................................................................................................................................14

Marion County ...........................................................................................................................................17
  Health and Medical ...............................................................................................................................18
  Housing and Shelter ...............................................................................................................................19
  Mental Health .........................................................................................................................................20

Orange County ...........................................................................................................................................22
  Health and Medical ...............................................................................................................................23
  Housing and Shelter ...............................................................................................................................27
  Mental Health .........................................................................................................................................30

Osceola County .........................................................................................................................................36
  Health and Medical ...............................................................................................................................37
  Housing and Shelter ...............................................................................................................................39
  Mental Health .........................................................................................................................................40

Seminole County ........................................................................................................................................44
  Health and Medical ...............................................................................................................................45
  Housing and Shelter ...............................................................................................................................49
  Mental Health .........................................................................................................................................51

Volusia County ..........................................................................................................................................61
  Health and Medical ...............................................................................................................................62
  Housing and Shelter ...............................................................................................................................63
  Mental Health .........................................................................................................................................63
Brevard County

Resource Guide

University of Central Florida
3/10/2015
Health and Medical

Brevard Health Alliance
Palm Bay Clinic:
321-639-5177
5270 Babcock Street, NE, Suite 1 Palm Bay Fl 32905
Melbourne Clinic:
321-733-2021
17 Silver Palm Ave. Melbourne, FL 32901
Barton Commons Clinic:
321- 639-5177
220 Barton Blvd. Rockledge, FL 32955
Malabar Clinic:
321- 722-8435
775 Malabar Rd. Malabar, FL 32950
Sarno Clinic:
321- 241-6800
2120 Sarno Rd. Melbourne, FL 32935
Titusville Clinic:
321-268-0267
500 N. Washington Ave. Titusville, FL 32976
http://www.health-first.org/hospitals_services/brevard_health_alliance.cfm
Services: Primary care service, limited dental services, diagnostic services, case management services, medication assistance, and specialty referrals. If you do not have insurance you will need to bring in financial documents (social security, 2 months of bank statements, tax returns from the following year, or 8 weeks of pay stubs)
*Sliding Scale, accepts Medicaid*

Consumer Dental
321-328-9913
811 S Babcock St Melbourne, FL 32901
http://consumersdentalcarecenter.com/
Services: Dental services for individuals 10-20
*Accepts Medicaid*
Student Health Services
407-823-2701
https://hs.sdes.ucf.edu
Services: Dental Center, Women’s Clinic, Pharmacy, Psychiatry
*Fees included with tuition excludes prescriptions, tests*

Parrish Medical Center
321-268-6111
951 N. Washington Ave. Titusville, FL 32796
http://www.parrishmed.com/services/default.aspx
Services: Cardiovascular care, orthopedic care, women’s care, cancer care, gastrointestinal care, chronic condition management, early detection tests, preventative medicine procedures,
*Sliding scale and Medicaid accepted, you must fill out a community care application in advanced and be approved for discounted services*
Community Care application:
List of supporting documents:

Eastern Florida State College Community Dental Clinic
321-433-7570
Cocoa Campus, Building 20 (Health Sciences), Room 111B
Services: Provides dental cleaning, x-rays, pits and fissure sealants, and fluoride treatments performed by dental students with the supervision of accredited dentists.
*must make appointment, very low costs $20 per cleaning and service*

Florida Department of Health
Viera Clinic
321- 639-5800
2555 Judge Fran Jamieson Way, Viera, FL 32940
Melbourne Clinic
321-726-2920
2275 S. Babcock Street Melbourne, FL 32901
Titusville Clinic
321-383-2795
611 Singleton Avenue Titusville, FL 32796
http://www.floridahealth.gov/chdbrevard/pers_hlth/pers_hlth.htm
Services: Provides basic health services, maternity services, child health, family planning, assistance with WIC, immunizations
*PATH program does not accept Medicaid (Viera Clinic), other offices do*

Space Coast Volunteers in Medicine Clinic
321-639-5813
2555 Judge Fran Jamieson Way Viera, Florida 32940
http://www.spacecoastvolunteersinmedicine.org/index.php?option=com_content&view=article&id=34&Itemid=21
Services: Non-emergency, volunteer staffed, primary care medical/dental/chiropractic/wellness clinic with a focus on diabetes, heart disease, high blood pressure, high cholesterol, weight control/nutrition, and women gyn conditions also accept arthritis, asthma, depression, lung disorders, skin disorders, stomach and thyroid problems.
*FREE, appointment only, you must not have any form of insurance!*

Housing and Shelter

Children’s Home Society of Florida
321-752-3170
326 Croton Road Melbourne, FL 32935
Services: Transitional housing for females ages 18-23

C.I.T.A. Rescue Mission
321-725-5160
2330 Johnny Ellison Drive Melbourne, FL 32901
http://www.citarescuemission.com/programs/
Services: Provides emergency shelter for homeless men through two programs. The Achievers program is a 12 week program where will apply for jobs within the community or work at their current place of employment. The Overcomers program is a 12 week program for individuals overcoming an issue which prevents them from working in the community. They will work on the grounds and help support the mission while residing at the shelter. If an extension in time is required it can be given by the dormitory manager. Both of our programs provide: meals, beds, chapel services, laundry services, ect. *There is often a waiting list so individuals interested in seeking refuge should arrive before check in between 3:00 – 4:00p*
Mental Health

Circles of Care
North Area Outpatient
321-269-4590
6700 South Washington Ave., Titusville, Fl 32780
South Area Outpatient
321-952-6000
2020 Commerce Dr. Melbourne, Fl 32904
Central Area Outpatient
321-634-6264
1770 Cedar St Rockledge, Fl 32955
http://www.circlesofcare.org/current1/home-page.html
Services: Outpatient counseling, psychiatric services, detox services.
*Medicaid accepted, sliding scale offered. Sliding scale patients are usually placed on a waiting list*

CHANGES Youth and Family Services, Inc.
321-610-7949
3270 Suntree Blvd. Suite 101, Melbourne, FL 32940
http://changesyfs.org/
Services: Individual and Family Counseling, Grief and Relationship Counseling, Specialized Groups, Parenting Skills Training, Career and Job Training, Substance Abuse Education, Behavioral Treatment for Children and Adolescents, Mental Health Assessments, Seminars, Consulting, Psychiatric Services, Community Outreach and Mentoring Program.
*Services only provided to Medicaid clients*

The Children’s Home Society of Florida
321-752-3170 ext. 252
326 Croton Road Melbourne, FL 32935
http://www.chsfl.org/Brevard
Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. Bill Medicaid providers for most of our services, and a
limited amount of services are available on a sliding fee scale *Medicaid accepted and a limited amount of services are available on a sliding fee scale

Community Psychological Services Florida Tech
321-674-8106
150 W. University Blvd Melbourne, Fl 32901-6988
Services: Provides free counseling services to community members. All counselors are FIT students.

Devereux Youth & Family Counseling Services
321-634-6047
http://www.devereux.org/site/PageServer?pagename=fl_locations
Services: Case Management, family and individual counseling.
*Sliding scale fee and financial assistance available*

Domestic Violence Counseling (Salvation Army)
321-631-2764 (24 Hour Hotline)
PO Box 1540 Cocoa, Fl 32923-1540

Early Steps
1-800-654-4440
Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

Impower
321-639-1224
1037 Pathfinder Way, Suite 130 Rockledge, FL 32955
www.isiFL.org
Services: Provides outpatient services that include counseling and case management for adults and children.
*Medicaid and medicare accepted, sliding scale rates*
HSA – Human Services Associates  
**407-422-0880**  
1801 Lee Road, Suite 170, Winter Park, FL 32789  
[www.hsainc.org](http://www.hsainc.org)

Services: Comprehensive case management using the Family Team Conferencing Model to serve families with identified primary need of sustained self-sufficiency and substance abuse problems.

Family Counseling Center - Outpatient Counseling  
**321-632-5792**  
840 Brevard Ave, Rockledge, FL 32955  
Services: General counseling, substance abuse, domestic abuse, anger management.  
*Accepts medicaid and sliding scale fee*

Kinder Konsulting & Parents Too  
**407-657-6692**  
2479 Aloma Avenue Unit D, Winter Park, FL 32792  
To make a referral: [www.kinderkonsulting.com](http://www.kinderkonsulting.com)

Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.  
*Medicaid and sliding scale payments accepted*

LifeKeeper’s Network  
**407-344-0312**  
1072 Plaza Drive, Kissimmee, FL 34743  

Services: Individual, group, couples, and family therapy, blended and targeted case management.  
All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties.  
*Medicaid accepted*

UCF Psychology Clinic  
**407-823-4348**  
[http://psychology.cos.ucf.edu/psychclinic/](http://psychology.cos.ucf.edu/psychclinic/)

Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm  
Location: Psychology Building on Main Campus  
Services: Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment, Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems
* Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*

**Yellow Umbrella**  
321-723-2927  
Services: Programs designed to assist with Anger Management, Family Counseling, Self Esteem, Emotional Intelligence. *Financial assistance for those who qualify*

*Christian Mental Health Services*

**Episcopal Counseling Center – Melbourne**  
321-952-5482  
50 W Strawbridge Ave Holy Trinity Church Melbourne, Fl 32901  
**Episcopal Counseling Center – Titusville**  
800-544-1817  
414 Pine Street Titusville, Fl 32797  
http://eccflorida.org/Home_Page.html  
407-493-6022  
Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*
Health and Medical

Community Health Centers
352-360-0490
Leesburg
225 N First St Leesburg, FL 34748
Groveland
352-435-6699
1296 W Broad St. Groveland, FL. 34736
http://www.chcfl.org/
Services: Family, pediatric, and women’s care. * Medicaid, Medicaid Managed Care Plans and Medicare. A Sliding Discount Program is available for those meeting income guidelines.*

Community Medical Care Center
352-787-8489
1210 W Main St Leesburg, FL 34748
http://www.cfhalliance.org/services-community-center.html
Services: Medical and dental services for the family. The Community Medical Care Center is a not-for-profit medical clinic that offers primary care for uninsured adults and children (ages three and up) with incomes below the federal poverty level.
*Services free for individuals without insurance or Medicaid”

Community Primary Health Clinic
352-589-2501
2300 Kurt Street Eustis, FL 32726
https://www.floridahospital.com/waterman/experience/community-primary-health-clinic
Services: The Florida Hospital Waterman Community Primary Health Clinic is a free clinic providing adult primary care for the eligible uninsured residents of North Lake County. The Clinic provides non-emergent health care to address the physical, emotional, and spiritual needs of our patients. *Free for uninsured patients*
Deaf and Hearing Center
352-323-0757
220 South 9th Street Leesburg, FL 34748
http://www.deafandhearing.org/
Services: A hearing aid assistance program in which financially needy clients are fitted with refurbished hearing aid devices at little or no cost.

Department of Health
Children’s Medical Services
352-369-2100
3200 E.Silver Springs Blvd Suite 201 Ocala, FL 34470
www.cms-kids.com
Services: CMS assists families with children from birth to 21 years of age with special health care needs. CMS has specialty programs, pediatric primary care physicians, pediatric sub specialists and therapists to assist in the overall care of our patients. Database for families that qualify for assistance through Medicaid.

FamilyWize
Services: Offers discounts on prescription drugs for the family.
*No fee to sign up*

Lake Children’s Dentistry
Clermont Health Center
352-989-9001
875 Oakley Seaver Dr. Clermont, FL 34711
Fruitland Park
352-360-6602
3261 US Hwy 441/27 Suite F-1 Fruitland Park, FL 34731
Services: Exams, x-rays, cleaning, fluoride, fillings, extractions, sealants, pulp treatments, stainless steel crowns for children and infants 6-20 months. Adult Emergency. *Charge is by sliding scale*
Life’s Choices of Lake County, INC.
352-357-2202
201 East Floral Ave. Eustis, Florida 32726
http://www.friendsoflifeschoices.com/index.html
Services: Free ultrasounds, pregnancy tests, STD tests

We Care of Lake County
352-742-0021
401 E Alfred St. Taveres, FL 32778
http://www.wecarelakecounty.org/
Services: Provides specialty medical care to adults (working or unemployed) between the ages of 18 and 64, who have a Medicaid Denial Letter dated 6 months or less, who are residents of Lake County, Florida, and meet the program's financial eligibility qualifications. Applicants must have no medical insurance, Medicare, Medicaid, Medically Needy Share of Cost

Housing and Shelter

Christian Care Center
115 N. 13th St. Leesburg, FL 34748
The Samaritan Inn
352-434-1832
http://www.christiancarecenter.org/ministries/samaritan-inn/
Services: 17 units available for families who pay absolutely nothing for their stay as they rebuild their lives.
Women’s Residence
352-787-8929
http://www.christiancarecenter.org/ministries/womens-care-center/
Services: The Women’s Residence can accommodate up to 16 ladies at a time, yearlong transitional period that provides women with counseling, bible study, and employment assistance while on the road to recovery from substance or emotional issues.
Men’s Residences
352-787-9904
http://www.christiancarecenter.org/ministries/mens-residence/
Services: Beds for up to 36 men who need help with drug and alcohol addiction, emotional issues and other life skills. The program is five months long and combines intensive Bible study and life skills classes with one-on-one counseling and mentorship from dozens of volunteers.
Arnette House
Emergency Youth Shelter
352-622-6135
2310 NE 24th Street Ocala, FL 34470
Services: 24 hour Emergency Youth Shelter for children ages 10-17 who are runaways, lockouts, homeless, truant or experiencing parent/child conflict

Mental Health

Arnette House
Family Counseling & Administration
352-622-4432
2310 NE 24th Street Ocala, FL 34470
Services: Provides counseling services to assist families in opening lines of communication, Teach families effective conflict resolution skills, Reduce high risk antisocial behaviors, Link families with needed community resources, Teach effective parenting skills

Central Florida Counseling & Psychological Services, Inc.
352-365-6506
1514 W. Main St., Leesburg, FL 34748
www.counseling-health.com
Services: Licensed therapists providing counseling and licensed psychologists who provide psychological evaluations in both Spanish and English for children and adults who have experienced sexual/physical abuse, trauma and other varying emotional and behavioral issues.
*Sliding scale*

Early Steps
1-800-654-4440
Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*
LifeStream Behavioral Center
866-355-9394

Eustis
201 Magnolia Ave. Eustis, FL 32726
1217 Huffstetler Rd Eustis, FL 32726

Leesburg
2020 Tally Rd Leesburg, FL 34748
1017 W. Dixie Ave. Leesburg, FL 34748
2018 Tally Rd. Leesburg, FL 34748
215 N. Third St. Leesburg, FL 34748
404 Webster St. Leesburg, FL 34748

http://www.lsbc.net/Aboutus.aspx
Services: Medication Management, Group therapy, Case management and IP Hospitalization
*Sliding Fee Scale*

PFLAG
407-236-9177
www.pflagorlando.org
Services: Support groups for the LGBT+ community and their families

Center for Drug-Free Living (CFDFL)
321-246-1284
4400 Highway 19A Mt. Dora, Florida 32757
www.CFDFL.com
Services: Ninety day program providing individual and group counseling, 12 Step, and AA/NA meetings. Employment and educational help is available. Spanish Speaking services are also available.
CENTAUR:
*Medicaid, Private pay, low rates for homeless population, and Sliding Scale*

The Children’s Home Society of Florida
Ocala
352-732-1412
226 Sanchez Ave. Ocala, FL 34470
www.chsfl.org
Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling tricounty office at 407-896-2323
*Medicaid accepted and a limited amount of services are available on a sliding fee scale*
Florida Assertive Community Treatment (FACT)
352-360-6640
1017 W. Dixie Ave. Leesburg, FL.
http://www.lsbc.net/service_Outpatient.aspx

Services: This program is a psychiatrist-led multi-disciplinary team that wraps support around the individual rather than linking them to resources as in the traditional case management model. The team provides all necessary services, including support, treatment and rehabilitation, 24 hours a day, 7 days a week. FACT serves persons who have had difficulty benefiting from other more traditional forms of treatment. Those individuals with severe and persistent mental illness can learn symptom management techniques to prevent recurrent episodes, which lead to hospitalization and disruption of lives. Ongoing education can be provided in homes and community settings, where learning is direct and where generalization from one setting to another is no longer necessary. *Free of charge*

UCF Marriage & Family Research Institute
407-823-1748
28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262
South Orlando:
7200 Lake Ellenor Dr, Orlando, FL 32809
www.mfri.ucf.edu

Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.
* Free counseling for couples and families.*

UCF Psychology Clinic
407-823-4348
http://psychology.cos.ucf.edu/psychclinic/

Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm
Location: Psychology Building on Main Campus
Services Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment, Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems
* Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*
Health and Medical

Florida Health Marion County
352-629-0137
http://marion.floridahealth.gov/locations/index.html

Ocala Facility
1801 SE 32nd Ave. Ocala, FL 34471
Services: Family planning, healthy start, HIV/Aids services, immunization, maternity, medical records, STD tests, WIC assistance, Adult Care

Dental Clinic
352-622-2664
College of Central Florida Hampton Center
1501 W. Silver Springs Blvd. Ocala, FL 34475
Services: Dental
*Medicaid Accepted and sliding scale*

Heart of Florida Health Centers
352-732-6599
http://www.myhfhc.org/
Services: Adult primary care, family planning, pediatric primary care, pediatric dental, acute/urgent care, behavioral health services, school and sports physicals, lab work and assistance with medications utilizing programs offered through pharmaceutical companies. Offered through referral: radiology, mammography, testing and specialty care. *Medicaid accepted and sliding scale*

Central
1025 Southwest 1st Avenue Ocala, FL 34471
Hours: Monday, Tuesday, Wednesday, Friday 7:30 am - 5 pm Saturday 8:00 am - 12:00 pm

East
1801 SE 32nd Avenue Ocala, FL 34471
Hours: Monday - Friday 8:00 am – 5:00 pm

West
6401 SW 54th St Suite 100 Ocala, FL 34474

The Centers
5664 SW 60th Avenue Ocala, FL 34474
Hours: Monday, Wednesday, Friday 8am - 4:30 pm
Belleview
7055 SE 110th Street Rd  Belleview, FL 34420
Hours: Monday and Friday 8:00am-5:00pm

Southwest
100 Marion Oaks Blvd Ocala, FL 34473
Hours: Monday - Friday 8 am - 5 pm

Reddick
4500 NW 152nd Avenue  Reddick, FL 32686
Hours: Monday, Wednesday, Friday: 8:00am-5:00pm

Langley Health Services
352-680-0324
7205 SE Maricamp Rd Ocala, FL 34472
http://www.langleymedical.com/ocala.php
Services: adult and family medicine, family planning, pediatrics, behavioral health counseling and psychiatry, adult and pediatric dental services, diagnostic imaging services, and podiatry. *Sliding scale and Medicaid accepted*

Housing and Shelter

Interfaith Emergency Shelter
352-209-6052
435 NW 2nd St Ocala, FL
http://iesmarion.org/shelter
Services: Provides for single women, women with children and families that are homeless.
*Free of charge*

Salvation Army
352-732-8326
320 NW 1st Ave Ocala, FL 34475-8800
Services: Emergency shelter, first 3 nights are free. If clients attend church on Sunday, Monday will be free. Otherwise, clients pay $42 a week. Clients must have a government issued ID.
Mental Health

The Centers
http://www.thecenters.us/?page_id=27
Airport Road Campus
352-291-5555
5664 SW 60th Avenue Ocala, FL 34474
Services: Adult crisis stabilization and detox, outpatient adult mental health, adult case management, adult medication clinic, adult residential substance abuse.
*Medicaid accepted and sliding scale fee*

Martin Luther King Ave Campus
352-351-6900
717 SW Martin Luther King Jr. Ave Ocala, FL 34474
Services: Children’s outpatient services, mental health and substance abuse, children’s case management, medication clinic, adult outpatient substance abuse. *Medicaid accepted and sliding scale fee*

Early Steps
1-800-654-4440
Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

PFLAG
407-236-9177
www.pflagorlando.org
Services: Support groups for the LGBT+ community and their families

The Children’s Home Society of Florida
352-732-1412
226 Sanchez Ave. Ocala, FL 34470
www.chsfl.org
Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all
clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling tricounty office at 407-896-2323
*Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tricounty office at 407-896-2323*
Health and Medical

Central Florida Family Health Center
407-322-8645
11881-A East Colonial Dr Orlando, FL 32826-4723
www.cffhc.org
Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services
*A sliding fee schedule is used based on the patient’s income and size of family*

Community Health Centers
407-905-8827
Apopka
Family and OB/GYN Care
225 E Seventh St Apopka, FL 32703
Dental Care
210 E Seventh St Apopka, FL 32703
Pediatric Care
618 Forest Ave Apopka, FL 32703
Bithlo
Child and Adult Medical Care
Child and Adult Medical Care
19108 E Colonial Dr. Orlando, FL 32820
Eatonville
Family and Dental Care
434 W Kennedy Blvd. Suite D Orlando FL, 32810
Lake Ellenor
Pediatric Dental and Adult Emergency
6101 Lake Ellenor Dr. 106 Orlando, FL 32809
Meadow Woods
407-905-8827 ext6050
Children’s Medical and Dental Care
849 Greenway Professional Ct. Orlando Florida 32824
Pine Hills
Family, Pediatric, OB/GYN, and Pediatric Dental Care
1800 Mercy Dr. 2nd Floor Orlando FL 32808
Winter Garden
**Child, Adult Medical and Dental Care**  
13275 W Colonial Dr. Winter Garden, Florida 34787  
Services: Family, pediatric, and women’s care. *Medicaid, Medicaid Managed Care Plans and Medicare. A Sliding Discount Program is available for those meeting income guidelines.*

**Grace Medical Home**  
**407-936-2785**  
51 Pennsylvania Street Orlando, Florida 32806  
[http://gracemedicalhome.org/?page_id=2](http://gracemedicalhome.org/?page_id=2)  
Services: Provides check-ups, vaccinations, treatment of acute and chronic illnesses, laboratory services, x-ray capabilities, social services assistance, health education  
*Medicaid accepted and sliding scale fees*

**Healthy Start**  
**407-741-5240**  
600 Courtland Street, Orlando, FL 32804 Suite 565  
Services: The Orange County Healthy Start Program offers medical and social services, education and referrals to pregnant women and infants in order to ensure healthy pregnancies and healthy babies.  
*Free*

**Health Care Center for the Homeless**  
**(407) 428-5751**  
232 North Orange Blossom Trail Orlando, Florida 32805  
Services: Provides primary care, mental health services, oral care, and substance abuse counseling for free, prescriptions can be filled at low cost or free if necessary at on site pharmacy.

**Hispanic Health Initiatives, Inc.**  
**407-339-2001**  
201 Live Oak Blvd., Casselberry, FL 32707  
P.O. Box 1925, Casselberry, FL 32718  
Services: Health literature, diabetes classes on control and prevention of chronic diseases, health screening and referrals.  
*Referrals for free mammograms, free prostate cancer screenings, and free/low cost clinics*
FamilyWize
407-835-0900
Services: Offers discounts on prescription drugs for the family.
*No fee to sign up*

Florida Hospital
407-303-0500 (financial services)
East Orlando
7727 Lake Underhill Rd Orlando, Florida 32822
https://www.floridahospital.com/east-orlando
Services: Emergency Services and non-emergency services that require immediate attention or place the health of the individual in serious jeopardy
*Free or discounted for individuals who have no insurance or have expended their Medicaid assistance*

Primary Care Access Network
Orange County Medical Center
407-836-7100
101 S. Westmoreland Dr Orlando, FL 32805
Central Florida Family Health Center, Inc.
407-322-8645
11881-A E. Colonial Dr. Orlando, FL 32826
Central Florida Family Health Center, Inc.
5449 S. Semoran Blvd., Suite 14 Orlando, FL 32822
407-322-8645
Lake Underhill Family Health Center
5730 Lake Underhill Rd. Orlando, FL 32807
407-322-8645
Pine Hills Family Health Center
Medical 407-905-8827
Dental 407-209-3304
Pharmacy 407-209-3303
1800 Mercy Drive Orlando, FL 32808
Grace Medical Home
407-936-2785
51 Pennsylvania Street Orlando, FL 32806
Services: Provides health care to those without insurance and also assists the uninsured attain insurance.
*Financial assistance available, Medicaid accepted*
PFLAG
407-236-9177
www.pflagorlando.org
Services: Support groups for the LGBT+ community and their families

Planned Parenthood of Greater Orlando
407-246-1788
11500 University Blvd Suite B Orlando, Fl. 32817
www.ppgo.org
Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.
*Accepts the following insurance: Cigna, Greatwest HC, Humana, Medicaid: Healthease, Staywell, Sunshine State, and Wellcare, UMR (Darden employees) United Healthcare*

Shepard’s Hope
407-876-6699
Goldenrod Location:
Dr. Diebel Jr. Memorial Sheperd’s Hope Health Center
Located at Centro Internacional de la Familia
2008 North Goldenrod Road Orlando, FL 32807
Hours: Mon-Thurs 6pm-9pm (registration begins at 5)
Downtown Orlando Location:
Located at Orange County Medical Clinic
101 South Westmoreland Drive Orlando, FL 32805
Hours: Mon-Thurs 6pm-9pm (registration begins at 5)
http://shepherdshope.org/patients/
Services: Medical care provided at no cost, vouchers for prescriptions.
*Must arrive early, first come first come basis*
Housing and Shelter

**Aspire Health Partners**
3200 West Colonial Drive Orlando, FL 32805
**407-251-2566**

*Anchor Program*
http://aspirehealthpartners.com/program-details/?program=38

Services: ANCHOR provides transitional housing with case management and overlay services for chronically homeless adults who have co-occurring substance use and mental health disorders. Clients must be in the Aspire Health system, have medication for a mental issue, and have a dependency program.

**BETA Center**
**407-277-1942**
4680 Lake Underhill Road Orlando, Florida 32807
http://www.betacenter.org/

Services: Provide transitional housing for pregnant women. Additional emergency services include Emergency Pantry, stocked with non-perishable foods, infant formula and diapers, children's clothes and baby equipment and furniture are available, based on donations.

**Coalition for the Homeless of Central Florida**
**407-426-1250**
639 West Central Boulevard Orlando, Florida 32801
http://www.centralfloridahomeless.org/

Services: Provides emergency and transitional housing for intact families, eligible individuals and families who show the ability to maintain a job and steady income move into may have the option of moving into the Scattered Site Housing program.

**Coalition for the Homeless of Central Florida**
**Women’s Residential and Counseling Center**
**407-425-2502**
107 East Hillcrest Street Orlando, Florida 32801
http://www.centralfloridahomeless.org/

Services: In addition to receiving shelter and nutritious meals, homeless women will work with a case manager to build a budget and savings account, and to develop a plan for self-sufficiency.
Covenant House
407-482-0404
5931 E Colonial Dr, Orlando, FL 32807
http://www.covenanthousefl.org/
Services: Emergency shelter for up to 37 youth including young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Transitional housing program known as Rights of Passage provides shelter to youth in Seminole, Orange, and Osceola County.

Christian Learning Center
Fresh Start
407-425-2523
Downtown Office:
808 West Central Boulevard Orlando, FL 32805
http://www.christianservicecenter.org/what_we_do_subpage.php?id=7
Services: Short-term transitional housing for men 18 & older, room and board, three meals a day, recreation resources, internet access, unlimited lavatory and laundry usage and programming such as counseling, anger management and life skills training.
*Financial aid provided to those who cannot afford these fees*

Family Promises of Great Orlando
407-893-4580
2313 1/2 North Orange Ave Orlando Florida 32804
www.familypromiseorlando.org
Services: Family Promise of Greater Orlando (FPGO) is a nonprofit, interfaith hospitality network providing temporary assistance, hospitality, and case management for families with children experiencing homelessness. Family Promise of Greater Orlando provides shelter, meals, transportation, and supportive services for up to 90 days.

Habitat for Humanity of Greater Orlando
407-648-4567
4116 Silver Star Rd, Silver Star Rd, Orlando, FL 32808
https://www.habitat-orlando.org
Services: Provides affordable housing in partnership with the working poor in Seminole county. Must meet the following requirements: have a housing need, an ability to pay, demonstrate a willingness to partner, no more than $2000 in debt when applying.
*Two Restores with affordable house furnishings*
Orlando Union Rescue Mission
Men’s Shelter
407-423-3596
410 W. Central Boulevard
Orlando, FL 32801
www.ourm.org
Services: 7 free nights of emergency shelter, every night after that $6. First come first serve basis.

Orlando Union Rescue
Women and Children’s Shelter
407-423-2131
1525 W. Washington Street Orlando, FL 32805
Services: Transitional housing for women and children including basic living services including meals, laundry facilities and daycare, the heart of our program is Christian mentoring.

Pathways to Care
407-388-0245
430 Plumosa Avenue Casselbery, FL 32707
http://www.cflcc.org/transitional/pathways
Services: 40-bed, not-for-profit respite center dedicated to providing health, housing and hope to Central Florida’s most vulnerable homeless men and women

Salvation Army
Men’s Shelter
407-423-8581 Ext 219
624 Lexington Avenue Orlando, Florida 32804
Services: Offers both emergency shelter services and transitional programming in conjunction with both Housing and Urban Development and The Veteran’s Administration.
*Daily meals for everyone at 3:30pm*
*Men’s Shelter daily check-in is at 4pm*

Salvation Army
Women’s & Children’s Shelter
407-423-8581 Ext 219
400 West Colonial Drive
Orlando, Florida 32804
Services: Provides a warm and safe environment to women and children in need of emergency shelter and women and children seeking to make the transition from homelessness to stable housing.

**Wayne-Densch**  
**407-599-3900**  
100 Kingston Ct #102, Orlando, FL 32810  
Services: Transitional housing for up to 2 years for men and women 18 years and older. Rent is $25 per week for the first 4 weeks and $75 per week for working adults. Individuals with social security benefits must pay 30% of their monthly income. Eligibility requirements: must have a source of income or social security benefits, must have ID and social security card, no history of violence or sexual abuse, must pass a drug test.

**Mental Health**  
*Outpatient Services/Counseling*

**Ashlawn Consulting**  
**407-977-7943**  
650 S. Central Avenue Ste. 1000, Oviedo, FL 32765  
Hours: Monday-Friday 9am-4pm  
Services: Outpatient Psychiatry and Outpatient Counseling including Art Therapy, Individual, Family, and Marital  
*Accepts Medicaid, Medicare*

**Center for Drug Free Living (CFDFL)**  
**407-245-0014 ext: 221**  
DUI-Orange County: 407-522-2260  
3670 Maguire Boulevard, Orlando, FL 32803  
[www.CFDFL.com](http://www.CFDFL.com)  
Services: Orlando Outpatient Center provides outpatient services for Orange County adults in need of non-residential substance abuse treatment services. The Outpatient Center offers comprehensive, confidential counseling services and consultation for individuals and businesses using evidence based treatment approaches which include individual, group counseling, Web based sessions and therapy, and random drug testing  
CENTAUR:  
Confidential HIV and Hepatitis testing, MH Counseling, Education sessions, Substance Abuse education, Housing for Persons with HIV/AIDS  
*Accepts Medicaid, Private pay, low rates for homeless population, and Sliding Scale*
Community Counseling Center of Central Florida LLC  
407-291-8009  
P.O. Box 161585, Altamonte Springs, FL 32716-1585  
www.ccccf.org  
Services: Provides Individual, family and marital therapy serving adults and children.  
*Medicaid and TANF accepted; and financial assistance available*

Compass Behavioral Health, LLC  
407-830-7903  
1912 Booth Circle, Suite 200, Longwood, FL 32750  
http://www.compassbehavioral.com/home.html  
Services: Mental health services for all ages.  
*Sliding scale*

Devereux Youth & Family Counseling Services  
1-800-338-3738  x77130  
6417 Christian Way, Orlando FL 32808  
http://www.devereux.org/site/PageServer?pagename=fl_orlando_campus  
Services: Intensive residential services for children and adolescents who suffer from emotional,  
behavioral and psychological problems. The campus offers three residential programs; the Statewide Inpatient Psychiatric Program (SIPP), Residential Group Care and the Residential Treatment Center.

Early Steps  
1-800-654-4440  
Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*
Episcopal Counseling Center  
407-493-6027  
1000 Bethune Dr, Orlando, FL 32805  
East Orlando  
11723 Orpington Street Suite 104 Orlando, FL 32817  
http://eccflorida.org/Home_Page.html  
Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*

HD Counseling  
407-504-1869  
612 E Colonial Drive Suite 390 Orlando, FL 32803  
Services: Individual, family, group or couple's counseling. Specialized training and experience in the fields of compassion fatigue, career counseling, trauma, stress, pain management, mindfulness based techniques, and relationship counseling. *Medicaid accepted, sliding scale accepted, free counseling with referral from UCF Care Manager*

Human Services Associates  
407-422-0880  
1703 West Colonial Drive, Orlando, FL 32804  
Services: Twelve week outpatient program with group and individual treatment  
*Fees based on sliding scale*

Lakeside Behavioral Healthcare  
407-875-3700  
Kennedy Plaza  
434 W Kenney Blvd., Orlando FL 32810  
Princeton Plaza  
1800 Mercy Dr, Orlando, FL 32808  
www.lakesidecares.org  
Services: 193 bed inpatient services and a variety of outpatient services for children and adults. Lakeside has a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children’s outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management. *Medicaid accepted, sliding scale for individuals without insurance*
LifeKeeper’s Network
407-344-0312
1072 Plaza Drive, Kissimmee, FL 34743
http://www.likenet.org/
Services: Individual, group, couples, and family therapy, blended and targeted case management. All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties. *Medicaid accepted*

National Alliance on Mental Illness Greater Orlando (NAMIGO)
407-253-1900
1800 Mercy Drive, Suite 300, Mailbox 4, Orlando, FL 32808
www.namigo.org
Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system. *All services are free-of-charge*

Resilience Counseling Center
407-977-4335 ext. 1003
1759 W Broadway Suite 3, Oviedo, FL 32765
http://www.resiliencecc.com/
Services: Substance abuse, individual, group, and anger management counseling * Private Pay, Sliding Scale, Medicaid* Questions about financial assistance: Pat Reed pat@resiliencecc.com

The Children’s Home Society of Florida
321-397-3000
1485 S. Semoran Blvd., Suite 1448, Winter Park, FL 32792
www.chsfl.org
Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. *Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tricounty office at 407-896-2323*
UCF Community Counseling Clinic
407-823-2052
UCF Campus College of Education, 192, Orlando, FL 32816-1250
Hours Vary, Call for appointment
Services: Outpatient individual counseling – need a referral
* Free & Sliding Scale for services*

UCF Marriage & Family Research Institute
407-823-1748
28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262
South Orlando:
7200 Lake Ellenor Dr, Orlando, FL 32809
www.mfri.ucf.edu
Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.
* Free counseling for couples and families.*

Valeska Wilson, M.A., LMHC
407-963-5923
6586 University Blvd., Suite 8, Winter Park, FL 32797
Services: counseling in stress/anxiety; self-esteem; women’s issues; depression.
*Sliding Scale*

Inpatient  & Intensive Outpatient Treatment

Center for Drug-Free Living (CFDFL)
407-245-0014 ext: 221
3670 Maguire Boulevard, Orlando, FL 32803
www.CFDFL.com
Women's Residential
(407) 767-0416
Services: Four to Six month program providing individual and group counseling, 12 Step, and AA/NA meetings. Employment and educational help is available.
Men's Residential
(407) 767-0416
Services: Ninety day program providing individual and group counseling, 12 Step, and AA/NA meetings. Employment and educational help is available. Spanish Speaking services are also available.
CENTAUR:
*Medicaid, Private pay, low rates for homeless population, and Sliding Scale*

**Lakeside Behavioral Healthcare**
407-875-3700
1800 Mercy Drive, Orlando, FL 32808
www.lakesidecares.org
Services: Emergency and Non-Emergency Assessments, Adult Case Management, Adult Crisis Stabilization Unit (CSU), Adult Medication Clinic, Outpatient counseling (6 months), Sober living house, and Short Term Residential Tx.
*Sliding Scale, low payments for homeless clients.*
**Primary symptoms must be Mental Health in order to receive outpatient counseling services, if substance abuse, Lakeside refers out to Center for Drug Free Living for residential treatment.**

**Seminole Center for Co-Occurring Disorders (SCCD) & Crossroads**
407-323-2036
919 E. 2nd St, Sanford, FL 32771
www.seminolecares.org
Services: 45-90 day residential co-occurring disorders and substance abuse treatment. Clients must live in Orange, Seminole, Brevard counties, or be currently homeless. Focusing on CBT, 12 Step, individual and group counseling, case management, detox, and medication management. Waiting list for treatment.
* Insurance is not accepted and payment is calculated on a sliding scale based on family size and income. Indigent clients with no income can pay as little as $3 a day.*
Health and Medical

Catholic Charities of Central Florida
*Free Medical Clinic*
407-593-1256
Karen.Beary@cflcc.org
St. Thomas Aquinas Free Medical Clinic
510 Brown Chapel Road St. Cloud, FL 34769
http://www.cflcc.org/emergency/efs-central
Services: Emergency services include financial assistance, case management, referrals to area provides, food from the Semoran food pantry.

Central Florida Family Health Center
407-322-8645
6101 Lake Ellenor Drive Orlando, FL 32809
www.cffhc.org
Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services
*A sliding fee schedule is used based on the patient’s income and size of family*

FamilyWize
407-835-0900
Services: Offers discounts on prescription drugs for the family.
*No fee to sign up*

Florida Department of Health in Osceola County
*Osceola Community Health Services at Stadium Place*
407-343-2050
1501-1507 Bill Beck Blvd Kissimmee, FL 34744
Services: Primary care, pediatric services, maternity services, family services. *Accepts Medicaid and sliding scale*
*Osceola Community Health Services at Poinciana*
407-943-8600
109 North Doverplum Ave Poinciana, FL 34758
Services: Primary care, pediatric services, maternity services, family services, dental care
*Accepts Medicaid and sliding scale*
Osceola Community Health Services Intercession City
407-944-7190
1 Courthouse Square #1200 Kissimmee, FL 34741
Services: Family services, dental care. *Accepts Medicaid and sliding scale*

Osceola Community Health at Buenaventura Lakes
407-343-2055
2622 Simpson Rd. Kissimmee, FL 34741
Services: Primary care, pediatric care, women’s health. *Accepts Medicaid and sliding scale*

JMJ Pregnancy Center
407-201-5085
944 East Osceola Parkway Kissimmee, Fl 34744
http://jmjlifecenter.org/about/
Services: Pregnancy Testing, Ultrasounds, Crisis Intervention, Adoption Information, Abstinence Information, MOPs Mentoring Program, Maternity Clothes, Baby Supplies, Baby Clothes, Baby Furniture, Formula & Baby food
Abortion alternatives and information.

Osceola County Christian Ministry Center – Clinic
407-944-9968
700 Union St. Kissimmee, FL 34741
Services: Medical and dental services provided by volunteer physicians. Dates and hours vary, contact for information. *Services free of charge*

Osceola Council on Aging
407-846-8532 x261
700 Generation Point, Kissimmee, FL 34744
http://www.osceolagenerations.org/
Services: Provide acute and chronic, non-emergency healthcare for low-income and uninsured residents of Osceola County. Requirements: 18 years of age or older, be an Osceola County resident, not have any health insurance, meet the Federal Poverty Income Guidelines. *Call for appointment*

Planned Parenthood of Greater Orlando
407-246-1788
610 Oak Commons Blvd. Kissimmee, FL 34741
www.ppgog.org
Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer
screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.

*Accepts the following insurance: Cigna, Greatwest HC, Humana, Medicaid: Healthease, Staywell, Sunshine State, and Wellcare, UMR (Darden employees) United Healthcare*

Housing and Shelter

**Covenant House**  
407-482-0404  
Services: Emergency shelter for up to 37 youth including young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Transitional housing program.

**HOME**  
407-932-0943  
924 Determination Way Kissimmee, FL 34741  
[http://www.osceolahome.org/index.html](http://www.osceolahome.org/index.html)  
Services: Provides transitional housing (usually 6-12 months), intensive case management, and life skills training for single homeless mothers. Families participating in this program pay $100 per month and are also required to put a portion of their earnings into savings. *Eligibility criteria: Must be a single mom with custody of all minor children, must be employed or employable, and must be strongly motivated to become self-sufficient. A family's stay at the campus is contingent on their participation in program activities and progress towards case plan goals.*

**First United Methodist Church of St. Cloud**  
407- 892-3128  
1000 Ohio Avenue St Cloud, FL 34769  
**Cold Night Shelter**  
Services: First St Cloud becomes a Cold Night Shelter providing a warm place to sleep for the homeless of our community when temperatures drop below 40 degrees. This ministry not only provides a shelter for the night, but also showers, hot meals, blankets, coats, clothes, as well as
prayer for those in need. Service opportunities include overnight stay during cold nights, meal preparation, and donations.

**Mental Health**

**Adapt Behavioral Services**

*407-928-0444*

3483 W. Vine St, Kissimmee, FL 34741

[www.Adapt-FL.com](http://www.Adapt-FL.com)

Services: In-home & in-school behavior analysis, skill training, parent training, individual counseling & family counseling.

*Medicaid and Medicaid waiver accepted, sliding Scale*

**After Court Solutions**

*407-944-1155*

326 West Oak Street Kissimmee, FL 34741

[http://www.courtorderedflorida.com/classes/contact_us.html](http://www.courtorderedflorida.com/classes/contact_us.html)

Services: Family, individual, and group counseling for individuals with or without a court order.

*Medicaid accepted*

**Center for Drug-Free Living (CFDFL)**

*407-245-0014 ext: 221*

2540 Michigan Ave. Kissimmee, FL 34744

[www.CFDFL.com](http://www.CFDFL.com)

Services: Comprehensive, confidential counseling services and consultation for individuals and businesses using evidence based treatment approaches which include individual and group counseling. *Medicaid, low rates for homeless population, and Sliding Scale*

**Circle of Friends Services, Inc.**

*386-473-4566*

111 Monument Ave. Suite 513 Kissimmee, FL 34741

[www.cofsfl.org](http://www.cofsfl.org)

Services: We are a trauma-based counseling for mental health needs of children (0-18 years) and families in Central Florida.

*Medicaid accepted*
The Children’s Home Society of Florida
407-846-5220
2653 Michigan Ave. Kissimmee, FL 34744
www.chsfl.org
Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling tri-county office at 407-896-2323
*Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tri-county office at 407-896-2323*

Community Counseling Center of Central Florida LLC
407-291-8009
P.O. Box 161585, Altamonte Springs, FL 32716-1585
www.ccccf.org
Services: Provides Individual, family and marital therapy serving adults and children.
*Medicaid and TANF accepted; and financial assistance available*

Early Steps
1-800-654-4440
Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

Episcopal Counseling Center
800-544-1817
2745 Canoe Creek Drive ST. Cloud, FL 34772
http://eccflorida.org/Home_Page.html
Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*
Impower  
**407-931-2911**  
222 Broadway Ave Suite 211, Kissimmee, Fl 34741  
[www.isifl.org](http://www.isifl.org)  
Services: Provides outpatient services that include counseling and case management for adults and children.  
*Medicaid and medicare accepted, sliding scale rates*

Kinder Konsulting & Parents Too  
**407-657-6692**  
2479 Aloma Avenue Unit D Winter Park, FL 32792  
To make a referral: [www.kinderkonsulting.com](http://www.kinderkonsulting.com)  
Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.  
*Medicaid and sliding scale payments accepted*

Lakeside Behavioral Healthcare  
**407-875-3700**  
Kennedy Plaza  
434 W Kennedy Blvd., Orlando FL 32810  
Princeton Plaza  
1800 Mercy Dr, Orlando, FL 32808  
[www.lakesidecares.org](http://www.lakesidecares.org)  
Services: 193 bed inpatient services and a variety of outpatient services for children and adults. Lakeside has a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children’s outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management.  
*Medicaid accepted, sliding scale for individuals without insurance*

LifeKeeper’s Network  
**407-344-0312**  
1072 Plaza Drive, Kissimmee, FL 34743  
Services: Individual, group, couples, and family therapy, blended and targeted case management. All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties.  
*Medicaid accepted*
National Alliance on Mental Illness Greater Orlando (NAMIGO)
407-253-1900
1800 Mercy Drive, Suite 300, Mailbox 4, Orlando, FL 32808
www.namigo.org
Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system.
*All services are free-of-charge*

PFLAG
407-236-9177
www.pflagorlando.org
Services: Support groups for the LGBT+ community and their families

The Transition House
407-892-4202
3113 Innovation Drive  St. Cloud, FL 34769
http://www.thetransitionhouse.org/whoweare
Services: Individual and group therapy sessions, psychiatric medication management and medically supervised Suboxone™ therapy for opioid dependence.
*Accepts Medicaid*
Seminole County
Resource Guide

3/10/2015
Health and Medical

A Center for Women
407-628-5433
315 North Wymore Road, Winter Park, FL 32789
www.PregnancyOrlando.com
Services: A Center For Women offers free pregnancy testing with official proof of pregnancy, free viability ultrasounds upon qualification; educational counseling about pregnancy, abortion, fetal development, STD’s and their effects and adoption; assistance finding shelter, maternity clothing, baby clothing and supplies. Community Referrals.
* Medicaid and sliding scale for counseling*

Central Florida Family Health Center
407-322-8645
2400 S.R. 415, Sanford, FL 32771
www.cffhc.org
Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services
*A sliding fee schedule is used based on the patient’s income and size of family*

Children’s Medical Services
407-858-5555/1-800-226-6530
7000 Lake Ellenor Drive, Orlando, FL 32809
www.cms-kids.com
Services: CMS assists families with children from birth to 21 years of age with special health care needs. CMS has specialty programs, pediatric primary care physicians, pediatric sub specialists and therapists to assist in the overall care of our patients. Database for families that qualify for assistance through Medicaid.
Harvest Time International
Medical: 407-878-5495
Dental: 407-878-5674
225 North Kennel Road Sanford, FL 32771
clientservices@harvesttime.org
www.harvest-time.org
Services: Provides free health and dental care for individuals that qualify. No insurance needed!

Hispanic Health Initiatives, Inc.
407-339-2001
201 Live Oak Blvd., Casselberry, FL 32707
P.O. Box 1925, Casselberry, FL 32718
www.HHI2001.ORG
Services: Health literature, diabetes classes on control and prevention of chronic diseases, health screening and referrals.
*Referrals for free mammograms, free prostate cancer screenings, and free/low cost clinics*

FamilyWize
407-835-0900
Services: Offers discounts on prescription drugs for the family.
*No fee to sign up*

Kinder Konsulting & Parents Too
407-657-6692
2479 Aloma Avenue Unit D Winter Park, FL 32792
To make a referral: www.kinderkonsulting.com
Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.
*Medicaid and sliding scale payments accepted*

Life Choices Women’s Center
321-422-4168
600 E. Altamonte Drive, Suite 1200 Altamonte Springs, FL 32701
Services: Offers assistance to women with pregnancy testing, ultrasounds (limited), intimacy information, medical referrals.
*Free of charge*
PFLAG
407-236-9177
www.pflagorlando.org
Services: Support groups for the LGBT+ community and their families

Planned Parenthood of Greater Orlando
407-246-1788
11500 University Blvd Suite B Orlando, Fl. 32817
www.ppgo.org
Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.

Seminole County Health Department
Dental Health Program
407-665-3346
400 West Airport Blvd., Sanford, FL 32773
http://seminole.floridahealth.gov/
Services: Dental services for children who have Medicaid include cleanings, fillings, sealants, exams, X-rays and extractions.
*Medicaid may be used for children’s services, adults over 20 may use Medicaid for emergency services*
Immunizations/Vaccines Program
407-665-3281
400 West Airport Blvd., Sanford, FL 32773
Services: Immunizations Clinic, Childhood and adult immunizations are available for free for children.
STD Prevention and Control Program
407-665-3291
400 West Airport Blvd., Sanford, FL 32773
Services: STD Testing
*$20.00 rapid HIV test, $45 general STD test*
Seminole County WIC & Nutrition Program
Sanford Location:
407-665-3705
400 West Airport Blvd., Sanford, FL 32779
Casselberry Location:
407-665-3400
132 Sausalito Blvd., Casselberry, FL 32707
http://www.floridahealth.gov/chdseminole/WIC.html
Services: WIC is a special supplemental food and nutrition education program for Women, Infants, and Children. WIC provides the following at no cost: healthy food during your pregnancy and after you delivery, nutrition education, counseling breastfeeding support, referrals for health care and community services. To be eligible, you must be: a pregnant woman, a breastfeeding woman, a woman who just had a baby, an infant or a child under 5 years old.

The Sharing Center
407-260-2617
Longwood: The Sharing Center- 600 North Hwy 17-92, Suite 158, Longwood, FL 32750
www.thesharingcenter.org
Services: The Healthlink center provides guidance in locating physicians, discounted prescriptions for medications, and offers free clinics once a month.
*Appointment necessary*

Shepard’s Hope
407-876-6699
Longwood Location:
Located at the Sharing Center Plaza
600 North US 17-92, Suite 124
Longwood, FL 32750
Hours: Mon-Thurs 6pm-9pm (registration begins at 4:30)
http://shepherdshope.org/patients/
Services: Medical care provided at no cost, vouchers for prescriptions.
*Must arrive early, first come first come basis*
Housing and Shelter

Covenant House
407-482-0404
http://www.covenanthousefl.org/
Services: Emergency shelter for up to 37 youth including young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Transitional housing program known as Rights of Passage provides shelter to youth in Seminole, Orange, and Osceola County.

Elizabeth House, Inc.
407-968-9922
P.O. Box 620586, Oviedo, FL  32762
www.elizabethhouseinc.com
Sandra Preston, Partner rep, Sandra@elizabethhouseinc.com
Survivors of domestic violence and their children live free in this faith-based, transitional home up to a year while they heal physically, emotionally, financially and spiritually from the abuse.

Habitat for Humanity in Seminole County
407-696-5855
www.habitatseminoleapopka.org
Penny Seater, partner rep, pseater@habitatseminole.org
Services: Provides affordable housing in partnership with the working poor in Seminole county. Must meet the following requirements: have a housing need, an ability to pay, demonstrate a willingness to partner, no more than $2000 in debt when applying.
*Two Restores with affordable house furnishings*

Heart to Heart
407-463-6297
www.h2hcentralflorida.org
Services: Provides transitional housing to women and children by providing transitional housing.
Homeless Services Network of Central Florida
407-893-0133
2828 Edgewater Drive Orlando, FL 32804
www.hsnclf.org
Services: HSN provides linkages to housing and supportive services for persons who are homeless or on the verge of homelessness.

Pathways to Care
407-388-0245
430 Plumosa Avenue Casselbery, FL 32707
http://www.cflcc.org/transitional/pathways
Services: 40-bed, not-for-profit respite center dedicated to providing health, housing and hope to Central Florida’s most vulnerable homeless men and women

Rescue Outreach Mission of Sanford
407-321-8224
1701 West 13th St., Sanford, FL 32771
www.rescueoutreachmission.org
Services: Emergency shelter, food, clothing and spiritual guidance to disadvantage, needy, homeless families with children. A newly designed State of the Art Learning Center provides residents with the tools they need to take on-line classes, write resumes and more.
*All services are free*

Seminole County Government - Community Assistance
407-665-2300
535 W Lake Mary Boulevard, Sanford, Florida 32714
http://www.seminolecountyfl.gov/comsrvs
Services: Provides emergency financial services for utility bills and rent payments, must attend an orientation to learn more.

The Center for Affordable Housing
407-323-3268
2524 South Park Drive, Sanford, FL 32773
Services: Transitional housing for homeless families, low-income rentals, and comprehensive housing counseling.
Mental Health

**Above and Beyond: Children & Community Services, Inc.**
*407-391-9033*
705 West 1st Street Sanford, FL 32771
Services: Assists children, youth, adults and families locate, access and coordinate services they need for mental health wellness and improved lives through case management, Wraparound care coordination, parent education and referrals.

**Adapt Behavioral Services**
*407-928-0444*
225 South Swoope Avenue #211, Maitland, FL 32751
www.Adapt-FL.com
Services: In-home & in-school behavior analysis, skill training, parent training, individual counseling & family counseling.
*Funding through Medicaid Waiver, most Medicaid plans, many commercial insurance plans. Other funding is available for those without insurance.*

**Behavioral Support Services, Inc.**
*407-830-6412*
801 Douglas Avenue Suite 208, Altamonte Springs, Fl 32714
www.BSSOrlando.com
Services: Behavioral services provided in home and school settings. Behavioral Support Services, Inc. is a Medwaiver provider and DCF Licensed Substance Abuse Provider. Mentoring, respite, behavioral analysis, mental health counseling, psychiatric care and case management.
*Accepts Medicaid and clients can apply for additional support through a home visit*

**Boys Town Central Florida**
*407-588-2170*
Main Office - Residential Services, CINS/FINS and Clinical Services
975 Oklahoma Street, Oviedo, FL 32765
Boys’ and Girls’ Assessment Center
1350 Healing Place, Oviedo, FL 32765
407-588-2160
www.boystowncentralflorida.org
Services: Conflict resolution among families, counseling, mentoring and healthcare for children and adolescents. Case management available and transitional housing for adolescents.
*financial assistance with healthcare for individuals that qualify*
Central Florida Dream Center (Also: Men, Women and Youth in Action)
407-302-0880
540 Pecan Avenue, Sanford, FL 32771
www.cfdreamcenter.org
Services: Anger management classes, marriage counseling, parenting classes, circle of parents (parents helping parents), support and empowerment classes for abuse victims, after school programs, computer and typing classes, adult reading and math, a 12 step faith-based overcomes program for all forms of addictions
*clients may volunteer to cover the cost of services received*

Circle of Friends Services, Inc.
386-473-4566
300 N. Ronald Reagan., Suite 202, Longwood, FL. 32750
www.cofsfl.org
Services: We are a trauma-based counseling for mental health needs of children (0-18 years) and families in Central Florida.
*accepts Medicaid* Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.

Community Counseling Center of Central Florida LLC
407-291-8009
P.O. Box 161585, Altamonte Springs, FL 32716-1585
www.ccccf.org
Services: Provides Individual, family and marital therapy serving adults and children.
*Medicaid and TANF accepted; and financial assistance available*

Compass Behavioral Health, LLC
407-830-7903
1912 Booth Circle, Suite 200, Longwood, FL 32750
http://www.compassbehavioral.com/home.html
Services: Mental health services for all ages.
*Sliding scale*

Counseling Services of Central Florida
407-657-8555 x6
1954 Howell Branch Road, Suite 106, Winter Park, FL 32792
http://www.counselingcentralfl.com/
Services: Counseling for anxiety, depression, grief, divorce, parenting, behavioral and school related issues
*Sliding scale*
Creative Counseling PA
407-688-1770
205 Waymont Court, Suite 111, Lake Mary, FL 32746
www.creativecounselingcfl.com
Creative Counseling PA is a group of mental health providers who provide comprehensive outpatient services for a wide variety of mental health issues. Individual, family, play therapy, group psychotherapy and Family and Collaborative Mediation are available. We specialize in the areas of Abuse Issues Sexual, Physical & emotional, Dual Diagnosis, Singles/Post-Divorce Issues (Self-Esteem Enhancement), Relationship Issues, Life Style Adjustment Issues related to Medical and Physical problems which cause mandatory changes in daily life functioning and Pain Management, Grief and Loss, Adjustment Disorders, Anger Management, Anxiety and Panic Disorders, Assertiveness Training, Communication Skills, Mood Disorders (Depression and Bipolar Disorders), Trauma Resolution/Post Traumatic Stress Disorder, Addiction/Alcohol and Drug Abuse/Dependency Issues, Parenting and Co-Parenting Issues
*Sliding Scale*

Devereux
321-281-3840
1010 Executive Center Drive, Suite 100, Orlando, FL 32803
www.devereux.org
Services: Offers a wide range of services that include case management, family support, counseling, substance abuse treatment, and diabetes management program and more. Devereux offers community based services as well as long-term residential services.

Discovery Counseling of Orlando
407-376-3773
100 Crown Oak Center Drive, Longwood, FL 32750
www.discoveryorlando.org
Services: Counseling for pre-marriage, marriage, re-marriage, divorce, children, adolescents, family issues, sexual integrity, addiction recovery, identity, depression, anxiety, mood issues, and other relational problems.
*Group therapy is free, $30 for therapy with a graduate student*

Early Steps
1-800-654-4440
Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in
community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

**Episcopal Counseling Center**  
800-544-1817  
601 S. Highland Avenue Apopka, FL 32703  
http://eccflorida.org/Home_Page.html  
Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing. *Sliding Scale*

**Federation of Families of Central Florida Inc.**  
407-334-8049  
237 Fernwood Blvd. Suite 101 Casselberry, FL 32730  
Warm Line Support  
407-346-3248  
www.ffcfl.org  
Services: Providing support, advocacy and education to Central Florida families, children and youth with emotional, behavioral and mental health challenges

**Focus Counseling and Consulting**  
407-415-0810  
838 West Kelly Park Road, Apopka, FL 32712  
http://jhfocus.wix.com/focuscounseling  
Services: individual and family counseling, mediation, adoption home studies, mentoring and tutoring.  
*Accepts Medicaid, provides assistance for disadvantaged families who qualify for Families in Need Program.*

**HSA –Human Services Associates**  
407-422-0880  
1801 Lee Road, Suite 170, Winter Park, FL 32789  
www.hsainc.org  
Services: Comprehensive case management using the Family Team Conferencing Model to serve families with identified primary need of sustained self-sufficiency and substance abuse problems.
Haven of Hope Ministries
407-298-2056
1902 West Colonial Drive, Orlando, FL
www.cflhavenofhope.com
Services: Provides food and emotional support to individuals that are living with HIV/ or living below the poverty line.

Impower
407-331-8002
581 E SR 434 Suite 1021, Longwood, FL 32750
www.isifl.org
Services: Provides outpatient services that include counseling and case management for adults and children.
*Medicaid and medicare accepted, sliding scale rates*

Jewish Family Services of Greater Orlando
407-644-7593
2100 Lee Road, Winter Park, FL 32789
www.jfsorlando.org
Services: Counseling services
*Sliding scale*

Journeys End Counseling, LLC
407-678-9800
1035 South Semoran Blvd, Suite 1040, Winter Park, FL 32792
www.journeysendcounseling.com
Services: Individual, family, group and adolescent counseling for depression, anxiety, anger management and mood disorders. Counseling for post adoption, reunification and placement stabilization for children and their caregivers. Therapies also provided for co-dependency, domestic violence and intimate partner violence.
*Accepted payment: TANF, FSPT Medicaid.*

Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center
407-324-3036
5467 North Ronald Reagan Blvd., Sanford, FL 32773
www.kidshouse.org
Services: Kids House offers a 15-week Nurturing Parenting Program designed for parents and children ages 5 to 12. It is for any family that wants to get along better and communicate more. Kids House offers a non-offending family member support group. Families often experience a
mixture of feelings, coping with a child’s victimization, and have found support of parents who have been through a similar experience. Kids House supports Circle of Parents, a mutual support and self-help program for parents.

**Kinder Konsulting & Parents Too**
**407-657-6692**
2479 Aloma Avenue Unit D Winter Park, FL 32792
To make a referral: [www.kinderkonsulting.com](http://www.kinderkonsulting.com)
Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.
*Medicaid and sliding scale payments accepted*

**Lakeside Behavioral Healthcare**
**407-875-3700**
Kennedy Plaza
434 W Kenney Blvd., Orlando FL 32810
Princeton Plaza
1800 Mercy Dr, Orlando, FL 32808
[www.lakesidecares.org](http://www.lakesidecares.org)
Services: 193 bed inpatient services and a variety of outpatient services for children and adults. Lakeside has a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children’s outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management.
*Medicaid accepted, sliding scale for individuals without insurance*

**LifeKeeper’s Network**
**407-344-0312**
1072 Plaza Drive, Kissimmee, FL 34743
Services: Individual, group, couples, and family therapy, blended and targeted case management. All services provided in home. Serves Osceola, Seminole, Brevard, and Orange Counties.
*Medicaid accepted*

**Menschner & Associates Counseling Group**
**407-529-5359**
409 Montgomery Road, Suite 161 Altamonte Springs, FL 32714
[www.macounseling.com](http://www.macounseling.com)
Services: Comprehensive Mental and Behavioral Health Services for children, adolescents and adults, individual, family and group therapy, evening and weekend appointments along with Spanish speaking therapists.
*Medicaid HMO accepted*

**National Alliance on Mental Illness Greater Orlando (NAMIGO)**  
**407-253-1900**  
1800 Mercy Drive, Suite 300, Mailbox 4, Orlando, FL 32808  
[www.namigo.org](http://www.namigo.org)  
Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system.  
*All services are free-of-charge*

**New Life Connections, Inc.**  
**407-322-7779**  
Sanford - 404 West 25th Street, Sanford, FL  
Oviedo - 320 North Central Avenue (434), Oviedo, FL  
[www.new-life-connections.org](http://www.new-life-connections.org)  
Services: Anger management 8 hour workshop, occurs monthly.  
*$50 per workshop*

**PACE Center for Girls**  
**407-992-0456 ext 200**  
445 N. Wymore Road Winter Park, FL 32789  
[www.pacecenter.org](http://www.pacecenter.org)  
Services: Alternative education site for at risk female adolescents who might not succeed in the traditional school system, service learning projects, case management

**St. Luke’s Lutheran Church**  
**407-365-3408**  
2021 West State Road 426, Oviedo, FL 32765  
[www.stlukes-oviedo.org](http://www.stlukes-oviedo.org)  
Comprehensive Case Management using the Family Team Conferencing Model to serve those in need by accessing the resources available to provide basic physical and spiritual needs that will assist families in recovering a sense of value and dignity.
Seminole Behavioral Healthcare
407-831-2411/407-321-HELP
Crisis Stabilization Unit
919 East Second Street, Sanford, FL 32771 Crisis Stabilization Unit
Bay House
351 South Bay Avenue, Sanford, FL 32771
www.seminolecares.org
Services: Therapeutic needs and services are identified through an assessment and are developed jointly with the family and their primary counselor. We provide individual, family, and group counseling as well as medication management services. ADHD Parent Support group, CHADD.
*Accepts Medicaid, Medicaid HMOs, as well as a sliding scale*

TBC Productions/Breakthrough Counseling Services
407-342-4956
Juvenile Justice Center, 190 Bush Blvd., Sanford, FL 32772
Additional offices in Seminole County and Orlando
www.Tbcproductions.com
Services: Juvenile Counseling (STARS program) Life skills, Youth Intervention, Mental Health, Self-Esteem, Character building, Career Coaching, Substance Abuse/Family Counseling Services (STAR Parent Program) Relationship & Marriage skills, Family Intervention, Parenting Skills and one-on-one counseling services.
*Sliding scale.*

The Children’s Home Society of Florida
321-397-3000
1485 S. Semoran Blvd., Suite 1448, Winter Park, FL 32792
www.chsfl.org
Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. Services may be arranged by calling tricounty office at 407-896-2323
*Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tricounty office at 407-896-2323*
The Grove Counseling Center, Inc.
407-327-1765
Fax: 407-339-2129
111 W Magnolia Ave., Longwood, FL 32750
Office and Outpatient Clinic
The Grove Academy (Adolescent residential program)
580 Old Sanford/Oviedo Rd., Winter Springs, FL 32708
www.thegrove.org
Services: programs for treatment of substance use and behavioral health disorders, outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents
*low cost fees apply, much insurance accepted*

Therapy4Kids & Parents Too
321-426-0814
3208 W SR 426 Suite 1020, Oviedo, FL 32765
www.therapyforkids.net
Services: provides mental health and behavioral counseling services, tutoring and mentoring for children and their families. Services can be provided in office, in the home or school settings. *Funding can be provided for families without insurance benefits if qualified.

University Behavioral Center
407-281-7000
2500 Discovery Drive Orlando, FL 32826
universitybehavioral.com
Services: Mental health treatment for children and adolescents from age 6-17 yrs old. Programs include crisis stabilization, short term RTC, long term RTC, and inpatient and partial hospitalization. Special programs are available for inappropriate sexual behaviors and victims.

UCF Marriage & Family Research Institute
407-823-1748
28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262
South Orlando:
7200 Lake Ellenor Dr, Orlando, FL 32809
www.mfri.ucf.edu
Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.
* Free counseling for couples and families.*
UCF Psychology Clinic
407-823-4348
http://psychology.cos.ucf.edu/psychclicl

Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm
Location: Psychology Building on Main Campus
Services Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment, Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems
* Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*

Visions Targeted Case Management
321-263-0590
989 W Kennedy Blvd. Suite 202, Orlando, FL. 32810
Services: Targeted case management, prison re-entry, links individuals living with HIV to medical treatment, helps with scholarship searches.

Wraparound Seminole
321-441-2092
Services: Wraparound Seminole is the service delivery component of the Families And Communities Together in Seminole (FACTS) Initiative, managed by CBC of Central Florida. It is a collaboration of local child serving agencies to support children and youth with intensive emotional, behavioral and mental health challenges. Wraparound forms a support team around a young person and his or her family to help them stay safe, remain together and achieve their goals. Care Coordinators and Family Partners start with strengths and work hand in hand with each youth, family and team to address the needs presented by the family. They also build connections in the community that will provide support long after the family transitions out of formal Wraparound.
Health and Medical

Community Medical Center
Deland Office
386-738-1792
1190 N Stone Street Deland, Florida 32720
Orange City Office
386-775-1792
810 Commed Blvd. Orange City, Florida 32763
http://www.cmcwv.com/index.html
Services: General primary medical care for pediatrics and adults. *Medicaid accepted and sliding scale*

Good Samaritan Clinic
386-738-6990
136 East Plymouth Avenue DeLand, Florida 32724
https://gsdld.org/index.html
Services: Free medical and dental health care for medically indigent adults, including the homeless and those who are working but cannot afford health insurance. Hours: Monday, Wednesday, Friday: 5:00p-8:30p. *Must be 18+, have no insurance, at or below 200% of the federal poverty level, a resident of West Volusia county, must provide your previous year's tax return (if you submitted one), must provide 3 recent consecutive months of bank statements (if you have an account) and must provide a Medicaid case or access number or letter of Medicaid denial. Free of Charge*

Halifax Health Community Center
386-425-4019
303 N. Clyde Morris Blvd., Daytona Beach, FL
http://www.halifaxhealth.org/community-health-centers#sthash.qJrl2oNAP.dpu
Services: Primary and emergency care. *Discounted services to those in financial distress*

Halifax Health  Keech Pediatric Neighborhood Care
386-947-3553
431 S. Keech St., Daytona Beach, FL
Services: Full range of pediatric care for patients up to the age of 18 *Discounted services to those in financial distress*
The Jesus Clinic
386-253-6959
1133 6th Street, Daytona Beach, FL 32117
http://www.jesusclinic.com/
Services: Medical services including physical exams, pap smears, basic x-rays, lab work, pulmonary function testing, EKG's, minor surgery, and colon cancer screening. *Free of charge to those without Medicaid or insurance*

Housing and Shelter

The HUM Center
386-252-9400
340 North Street Daytona Beach, FL 32114
http://www.halifaxurbanministries.org/services/star-center
Services: 24 rooms/94 bed spaces for families with children. Provides up to six months of shelter for homeless families to get on their feet, day care and tutoring provided for children, financial literacy classes. Link to schedule of services: http://www.halifaxurbanministries.org/wp-content/uploads/2012/06/North-Street-Service-Chart-6-17-14-copy.jpg

The Neighborhood Center
386-734-8120
434 S. Woodland Blvd. DeLand FL 32720
http://www.neighborhoodcenterwv.org/drivingdirections.html
Services: 10 emergency shelter beds: 6 for men and 4 for women. Intake begins at 4:00pm and clients must be out at 7:30am. *First 15 days are free, next 15 days are $5 each.*

Salvation Army
386-257-4391
560 Ballough Road Daytona Beach, FL 32114
Services: 150 bed emergency shelter with breakfast and dinner. Clients may line up at 4:00, intake begins at 4:30, must be out by 6:00am. *Free for first night stay, $10 after that*

Mental Health
Adapt Behavioral Services
386-898-5003
533 N. Nova Road #204 Ormond Beach, Fl 32174
www.Adapt-FL.com
Services: In-home & in-school behavior analysis, skill training, parent training, individual counseling & family counseling.
*Funding through Medicaid Waiver, most Medicaid plans, many commercial insurance plans. Other funding is available for those without insurance.*

Central Florida Health Associates
386-736-9165
125 West Plymouth Avenue Deland, FL 32720
http://www.centralfloridamentalhealthassociates.com/Services.htm
Services: Individual, couples, adolescent, and family counseling.
*Sliding Scale Fee*

Circle of Friends Services, Inc.
386-473-4566
300 N. Ronald Reagan., Suite 202, Longwood, FL. 32750
www.cofsfl.org
Services: We are a trauma-based counseling for mental health needs of children (0-18 years) and families in Central Florida.
*accepts Medicaid*

The Children’s Home Society of Florida
386-304-7600
2400 S. Ridgewood Ave., Suite 32 South Daytona, FL 32119
http://www.chsfl.org/NorthCoastal
Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale.
*Medicaid accepted and a limited amount of services are available on a sliding fee scale*

Community Counseling Center of Central Florida LLC
407-291-8009
P.O. Box 161585, Altamonte Springs, FL 32716-1585
www.ccccf.org
Services: Provides Individual, family and marital therapy serving adults and children.
*Medicaid and TANF accepted; and financial assistance available*

Devereux Florida
386-740-7110
120 East New York Avenue DeLand, FL
Services: Youth counseling and case management. *Medicaid accepted*

**Early Steps**
1-800-654-4440
Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team. *Medicaid accepted and financial assistance offered*

**The House Next Door**
*DeLand Family Counseling Center*
386-738-9169
121 West Pennsylvania Avenue DeLand, Florida 32720
*Deltona Family Counseling Center*
386-860-1776
840 Deltona Blvd, Suite K , Deltona, Florida 32725
*East Side Therapy Office*
Presbyterian Counseling Center
386-738-9169
430 Braddock Avenue Daytona Beach, Florida 32118
Services: Individual, marital, family and group counseling. *Sliding scale and Medicaid accepted*

**PFLAG**
407-236-9177
[www.pflagorlando.org](http://www.pflagorlando.org)
Services: Support groups for the LGBT+ community and their families.
Stewart-Marchman-Act Behavioral Healthcare  
800-539-4228  
Southeast Volusia Outpatient Care Center  
311 North Orange Street New Smyrna Beach, FL 32168  
DeLand Counseling Center  
105 Calvin Street DeLand, Florida 32720  
Outpatient Center and Corporate Offices  
http://www.smabehavioral.org/home  
1220 Willis Avenue Daytona Beach, Florida 32114  
Services: Outpatient mental health counseling. *Medicaid accepted and Sliding Scale*

UCF Marriage & Family Research Institute  
407-823-1748  
28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262  
South Orlando:  
7200 Lake Ellenor Dr, Orlando, FL 32809  
www.mfri.ucf.edu  
Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.  
* Free counseling for couples and families.*

UCF Psychology Clinic  
407-823-4348  
http://psychology.cos.ucf.edu/psychclinic/  
Hours: Mon 9am-6pm, Tues-Thurs 9am – 8pm, Fri 9am-4pm  
Location: Psychology Building on Main Campus  
Services: Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment, Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems.  
* Sliding fee scale is used to determine the payment for services. Depending upon income and family size, some clients receive treatment at no cost.*